





WCCUSD September 2019 Elementary Salad Bar Menu

Visit us on the web at www.wccusd.net

Menu Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>2</p>  <p>LABOR DAY</p> <p>NO SCHOOL</p>	<p>3</p> <p>Beef Lasagna or Chicken Burrito or Garden Salad</p> <p><i>Salad Bar</i></p> <p><i>Cho. Bear Graham Crackers</i></p>	<p>4</p> <p>BBQ Beef Rib Twin Sandwich or Veggie Eggroll or Yogurt & Granola Cup w/Blueberries</p> <p><i>Salad Bar</i></p> <p>★ <i>Sweet & Salty Kettle Corn</i></p>	<p>5</p> <p>Turkey Cesar Sub Sandwich Or Cheese Pizza or Fruit & Cheese Plate</p> <p><i>Salad Bar</i></p> <p><i>Annie's Cheddar Bunnies</i></p>	<p>6</p> <p>Hot Dog w/Tater Tots Or Mini Confetti Pancakes</p> <p>★ Eggo Bites or Caesar Salad</p> <p><i>Salad Bar</i></p> <p><i>Strawberry Yogurt</i></p>	<p>Whole Grain Month</p> 
<p>9</p> <p>Bagel w/Cream Cheese Or Grilled Cheese or Snack Pack</p> <p><i>Salad Bar</i></p> <p><i>Jurassic World Honey Graham</i></p>	<p>10</p> <p>Cheese Enchiladas or Beef & Cheese Taco Stick or Yogurt & Granola Cup w/Strawberry</p> <p><i>Salad Bar</i></p> <p><i>Bug Bites Cinn Crackers</i></p>	<p>11</p> <p>Chili Cheese Dog or Chicken Caesar Salad or Bean & Cheese Burrito</p> <p><i>Salad Bar</i></p> <p><i>Rainbow Goldfish Crackers</i></p>	<p>12</p> <p>Cheeseburger & Corn or Chicken Tamale or Fruit & Cheese Plate</p> <p><i>Salad Bar</i></p> <p><i>Annie's Cheddar Bunnies</i></p>	<p>13</p> <p>Chicken Tenders & Corn or Beef Taco Salad or Cheese Pizza</p> <p><i>Salad Bar</i></p> <p><i>Party Cookie</i></p>	<p>Fruit & Veggies More Matters Month</p> 
<p>16</p> <p>Meatless Spaghetti or Twin Veggie Burger or Yogurt & Granola Cup w/Peach</p> <p><i>Salad Bar</i></p> <p><i>Honey Roasted Sunflower Seeds</i></p>	<p>17</p> <p>All American Hamburger or Chicken Patty w/Bun or Garden Salad w/Cheese</p> <p><i>Salad Bar</i></p> <p><i>Harvest Sun Chips</i></p>	<p>18</p> <p>Pepperoni Cheesy Pizza or Chicken Caesar Salad or Mac & Cheese</p> <p><i>Salad Bar</i></p> <p><i>Cheez-It Crackers</i></p>	<p>19</p> <p>Corn Dog on Stick or Super Chicken Burrito or Fruit & Cheese Plate</p> <p><i>Salad Bar</i></p> <p><i>Annie's Bunny Friends</i></p>	<p>20</p> <p>Chicken Mini Taco or Grilled Cheese or Chef Turkey Ham Salad</p> <p><i>Salad Bar</i></p> <p><i>Choc. Chip Cookie</i></p>	<p>Fruit & Veggies</p> 

Meal Price:

Full Price \$3.00 Reduced—No Charges
Adult \$4.00 Milk ala Carte-\$0.50
Adult Milk- \$0.75

Menu Key:

⓪ Meatless Option 🐷 Contains Pork
🐄 Contains Beef ★ New Item

All Meals Served Daily With:

A Choice of 1% White Milk, Fat Free Chocolate Milk, or Lactaid Milk
All Bread and Grains are Whole Grain

Side Dishes are Italicized:

Students Can Choose All Sides

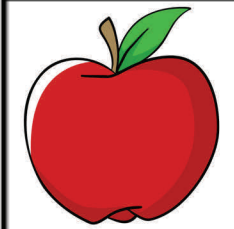
Salad Bar Choices can Include:

- ★ • Caesar Salad
- ★ • Ranch Salad
- Carrot Sticks
- Cucumber Slices
- Corn
- Edamame
- Fresh Fruit

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<p>23</p> <p>✓ Bagel w/Cream Cheese Or Cheese Bites w/Marinara ✓ Or Snack Pack</p> <p><i>Salad Bar</i> <i>Danimals Strawberry Yogurt</i></p>	<p>24</p> <p>Beef Lasagna or Teriyaki Grilled Chicken Sandwich or ✓ Garden Salad</p> <p><i>Salad Bar</i> <i>Cho. Bear Graham Crackers</i></p>	<p>25</p> <p>BBQ Beef Rib Twin Sandwich ✓ Or Veggie Eggroll or ✓ Yogurt & Granola Cup w/Blueberries</p> <p><i>Salad Bar</i> ★ <i>Sweet & Salty Kettle Corn</i></p>	<p>26</p> <p>Turkey Cesar Sub Sandwich Or Dip Dish Cheese Pizza or ✓ Fruit & Cheese Plate</p> <p><i>Salad Bar</i> <i>Annie's Cheddar Bunnies</i></p>	<p>27</p> <p>Hot Dog w/Tater Tot ✓ Or Mini Confetti Pancakes ★ Eggo Bites or ✓ Caesar Salad</p> <p><i>Salad Bar</i> <i>Danimals Straw-Banana Yogurt</i></p>	

30

✓ Mini Bagel Cheese Pizza
✓ Grilled Cheese or
✓ Snack Pack

Salad Bar
Jurassic World Honey Graham



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