

May 2018

CHELMSFORD ELEMENTARY SCHOOLS



Chelmsford School Nutrition 978-251-5111

WG – Whole Grain **V** – Vegetarian
Elementary Lunch: \$2.65 Milk \$.75
Middle and High School Lunch: \$3.10
Better for You Snacks \$.25 - .75

Menus are subject to change without notice.

Daily Alternates: Breakfast for Lunch (WG/RS Trix Cereal, Cinnamon Grahams, Juice Pouch, Low Fat Cheese Stick and Choice of Milk) **Chef Salad with Fajita Chicken/Corn Muffin on Wed, Thurs, and Fri!**
Offered Daily with Lunch: Fresh Fruit and Veggies, Choice of Milk (Low Fat, Skim & Low-Fat Chocolate)
If Substitutions are necessary—Cheese Panini Lunch will be served.
USDA is an equal opportunity provider and employer.

Monday

Tuesday

Wednesday

Thursday

Friday

Blank menu box for Monday

PANCAKES & SAUSAG **1**
Golden Potato Rounds
Orange Juice
Syrup
Ketchup

BBQ CHICKEN **2**
Hamburger Bun
Maple Baked Beans
Mixed Fruit Cup

MACARONI & CHEESE **3**
Mixed Vegetables
Diced Pears

CHEESE PIZZA **V 4**
Romaine Lettuce
Light Ranch Dressing
Fresh Fruit Basket

CHICKEN TENDERS W/ **7**
SWEET POTATO PUFFS
Green Beans
Orange Juice
BBQ Sauce & Ketchup

HOT DOG W/ POTATO **8**
ROUNDS/Hot Dog Bun
Maple Baked Beans
Mixed Fruit Cup
Mustard & Ketchup

TACO SCOOPS **9**
Tortilla Chips
Whole Kernel Corn
Diced Pears

4 CHEESE PANINI **10**
Mixed Vegetables
Applesauce Cup

CHEESE PIZZA **V 11**
Romaine Lettuce
Light Ranch Dressing
Fresh Fruit Basket

MINI CORN DOGS & **14**
CHICKEN FUN MIX
French Fries
Mixed Fruit Cup
BBQ Sauce & Ketchup

CHEESEBURGER & **15**
Hamburger Bun
Maple Baked Beans
Diced Peaches
Fresh Baby Carrots
Ketchup & LT Ranch Dressing

POPCORN CHICKEN **16**
Romaine Lettuce
Cucumber Coins
Fresh Fruit Basket
Light Ranch Dressing

BBQ CHICKEN **17**
Hamburger Bun
Green Beans
Fresh Fruit Basket

PIZZA DIPPERS **V 18**
Marinara Dipping Sauce
Fresh Baby Carrots
Light Ranch Dressing
Diced Pears
Chocolate Cookie

CHICKEN DIPPERS W/ **21**
TOMATO PARMESAN SAUCE
Green Beans
Diced Peaches

PANCAKES & SAUSAG **22**
Golden Potato Rounds
Orange Juice
Syrup
Ketchup

HOT DOG W/ POTATO **23**
ROUNDS/Hot Dog Bun
Maple Baked Beans
Fresh Fruit Basket
Mustard & Ketchup

MACARONI & CHEESE **24**
Mixed Vegetables
Sliced Apples

CHEESE PIZZA **V 25**
Romaine Lettuce
Light Ranch Dressing
Pineapple Tidbits

Memorial Day **28**

No School

CHICKEN TENDERS W/ **29**
SWEET POTATO PUFFS
Green Beans
Applesauce Cup
BBQ Sauce & Ketchup

TACO SCOOPS **30**
Tortilla Chips
Whole Kernel Corn
Orange Juice

4 CHEESE PANINI **31**
Mixed Vegetables
Fresh Fruit Basket

