

March 2018

CHELMSFORD ELEMENTARY SCHOOLS

LUNCH



Chelmsford School Nutrition 978-251-5111

WG – Whole Grain **V** – Vegetarian
Elementary Lunch: \$2.65 Milk \$.75
Middle and High School Lunch: \$3.10
Better for You Snacks \$.25 - .75

Menus are subject to change without notice.

Daily Alternates: Breakfast for Lunch (WG/RS Trix Cereal, Cinnamon Grahams, Juice Pouch, Low Fat Cheese Stick and Choice of Milk) **Chef Salad with Fajita Chicken/Corn Muffin on Wed, Thurs, and Fri!**
Offered Daily with Lunch: Fresh Fruit and Veggies, Choice of Milk (Low Fat, Skim & Low-Fat Chocolate)
If Substitutions are necessary—Cheese Panini Lunch will be served.
USDA is an equal opportunity provider and employer.

Monday



Tuesday

Wednesday



Thursday

Friday

5 MINI CORN DOGS & CHICKEN FUN MIX
French Fries
Orange Juice
BBQ Sauce & Ketchup

6 CHEESEBURGER & Hamburger Bun
Maple Baked Beans
Diced Pears
Fresh Baby Carrots
Ketchup & LT Ranch Dressing

7 POPCORN CHICKEN
Romaine Lettuce
Cucumber Coins
Mixed Fruit Cup
Light Ranch Dressing

1 EARLY RELEASE DAY

NO LUNCH SERVED

2 CHEESE PIZZA
Romaine Lettuce
Light Ranch Dressing
Fresh Fruit Basket

12 CHICKEN DIPPERS W/ TOMATO PARMESAN SAUCE
Green Beans
Diced Peaches

13 PANCAKES & SAUSAGES
Golden Potato Rounds
Orange Juice
Syrup
Ketchup

14 BBQ CHICKEN
Hamburger Bun
Maple Baked Beans
Mixed Fruit Cup

8 TACO SCOOPS
Tortilla Chips
Whole Kernel Corn
Sliced Apples

9 PIZZA DIPPERS
Marinara Dipping Sauce
Fresh Baby Carrots
Light Ranch Dressing
Fresh Fruit Basket
Chocolate Cookie

15 MACARONI & CHEESE
Mixed Vegetables
Diced Pears

16 CHEESE PIZZA
Romaine Lettuce
Light Ranch Dressing
Fresh Fruit Basket

19 CHICKEN TENDERS W/ SWEET POTATO PUFFS
Whole Kernel Corn
Applesauce Cup
BBQ Sauce & Ketchup

20 HOT DOG W/ POTATO ROUNDS/Hot Dog Bun
Maple Baked Beans
Diced Peaches
Mustard & Ketchup

21 TACO SCOOPS
Tortilla Chips
Whole Kernel Corn
Diced Pears

22 4 CHEESE PANINI
Mixed Vegetables
Sliced Apples

23 CHEESE PIZZA
Romaine Lettuce
Light Ranch Dressing
Fresh Fruit Basket

26 MINI CORN DOGS & CHICKEN FUN MIX
French Fries
Orange Juice
BBQ Sauce & Ketchup

27 CHEESEBURGER & Hamburger Bun
Maple Baked Beans
Diced Pears
Fresh Baby Carrots
Ketchup & LT Ranch Dressing

28 POPCORN CHICKEN
Romaine Lettuce
Cucumber Coins
Mixed Fruit Cup
Light Ranch Dressing

29 PIZZA DIPPERS
Marinara Dipping Sauce
Fresh Baby Carrots
Light Ranch Dressing
Fresh Fruit Basket
Chocolate Cookie

30 GOOD FRIDAY

NO SCHOOL