



**Chelmsford School Nutrition 978-251-5111**

**WG** – Whole Grain    **V** – Vegetarian  
 Elementary Lunch: \$2.65    Milk \$ .75  
 Middle and High School Lunch: \$3.10  
 Better for You Snacks \$.25 - .75

**Menus are subject to change without notice.**

**Daily Alternates:** Breakfast for Lunch (WG/RS Trix Cereal, Cinnamon Grahams, Juice Pouch, Low Fat Cheese Stick and Choice of Milk)

**Offered Daily with Lunch:** Fresh Fruit and Veggies, Choice of Milk (Low Fat, Skim & Low Fat Chocolate)

**If Substitutions are necessary**—Cheese Panini Lunch will be served.

USDA is an equal opportunity provider and employer.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

CHICKEN TENDERS W/ POTATO WEDGES 3  
 Pineapple Tidbits  
 Diced Carrots  
 BBQ Sauce & Ketchup

EARLY RELEASE DAY 4  
 NO LUNCH SERVED

POPCORN CHICKEN 5  
 Maple Baked Beans  
 Fresh Baby Carrots  
 Light Ranch Dressing  
 Mixed Fruit Cup, BBQ Sauce

CHEESEBURGER & HAMBURGER BUN 6  
 Hamburger Bun  
 Mixed Vegetables  
 Fresh Fruit Basket  
 Mustard & Ketchup

CHEESE PIZZA V 7  
 Romaine Lettuce  
 Light Ranch Dressing  
 Diced Pears

CHICKEN NUGGETS W/ POTATO ROUNDS 10  
 Potato Rounds  
 Whole Kernel Corn  
 Orange Juice  
 BBQ Sauce & Ketchup

MEATBALL SUB 11  
 WG Hot Dog Roll  
 Green Beans  
 Cinnamon Applesauce

PANCAKES V 12  
 Fresh Baby Carrots  
 Cheese Stick  
 Syrup Cup  
 Fresh Fruit Basket

CHEESE PIZZA V 13  
 Broccoli Florets  
 Light Ranch Dressing  
 Sliced Apples

Good Friday 14  
 No School



APRIL 18



VACATION 20



CHICKEN DIPPERS W/ TOMATO PARMESAN SAUCE 24  
 Green Beans  
 Grape Juice

CRISPY CHICKEN FILLING 25  
 Hamburger Bun  
 Whole Kernel Corn  
 Diced Pears  
 BBQ Sauce

HOT DOG W/ POTATO ROUNDS, Bun 26  
 Maple Baked Beans  
 Peach Cup  
 Mustard & Ketchup

TACO SCOOPS 27  
 Romaine Lettuce  
 Salsa Cup  
 Light Ranch Dressing  
 Sliced Apples  
 Tortilla Chips

PIZZA DIPPERS V 28  
 Marinara Dipping Sauce  
 Fresh Baby Carrots  
 Light Ranch Dressing  
 Mixed Fruit Cup  
 Chocolate Cookie

