

March 2020

National School Breakfast Week March 2nd – 6th

Jeff Davis High School

MONDAY

Lunch: Chicken Nuggets or Pizza/ salad station/ macaroni & cheese/ carrot souffle/ cornbread/ greens/ green peas/ fruit choice/ milk choice **2**

Lunch: Chicken Tenders & creamed potatoes w/gravy or Pizza or Diced Ham/ salad station/ green beans/ lima beans/ rolls/ fruit choice/ milk choice **9**

Lunch: Cheeseburger on Bun w/fries or Pizza/ salad station/ lettuce/ sliced tomato/ sliced onion/ baked beans/ pickle chips/ fruit choice/ milk choice **16**

Lunch: Chicken Nuggets or Pizza/ salad station/ macaroni & cheese/ carrot souffle/ cornbread/ greens/ green peas/ fruit choice/ milk choice **23**

Lunch: Chicken Tenders & creamed potatoes w/gravy or Pizza or Diced Ham/ salad station/ green beans/ lima beans/ rolls/ fruit choice/ milk choice **30**

TUESDAY

Lunch: Steak Nuggets & creamed potatoes w/gravy or Pizza/ salad station/ green beans/ black eyed peas/ roll/ fruit choice/ milk choice **3**

Lunch: Sausage, Egg & Cheese Biscuit or Pizza or Cereal w/Yogurt or Yogurt Parfait/ cheese grits/ fruit bar/ steamed broccoli/ side salad/ milk choice **10**

Lunch: General Tso's Chicken or Cherry Blossom Chicken w/egg roll or Pizza/ salad station/ Chinese rice/ yum yum sauce/ sweet carrots/ broccoli/ fruit choice/ milk choice **17**

Lunch: Steak Nuggets & creamed potatoes w/gravy or Pizza/ salad station/ green beans/ black eyed peas/ roll/ fruit choice/ milk choice **24**

Lunch: Sausage, Egg & Cheese Biscuit or Pizza or Cereal w/Yogurt or Yogurt Parfait/ cheese grits/ fruit bar/ steamed broccoli/ side salad/ milk choice **31**

WEDNESDAY

Lunch: Hot Ham & Cheese or Pizza/ salad station/ tater tots/ broccoli salad/ pasta salad/ fruit salad/ fruit choice/ milk choice **4**

Lunch: Hot Dog w/fries or Pizza/ salad station/ cole slaw/ baked beans/ chocolate cake/ apple/ fresh fruit/ milk choice **11**

Lunch: Parmesan Chicken Sandwich or Pizza/ salad station/ fresh veggie mix/ quick bake potato/ fruit choice/ milk choice **18**

Lunch: Hot Ham & Cheese or Pizza/ salad station/ tater tots/ broccoli salad/ pasta salad/ fruit salad/ fruit choice/ milk choice **25**

THURSDAY

Lunch: Taco or Pizza or Tuna Salad/ salad station/ corn/ salsa/ mexican rice/ refried beans/ fruit choice/ milk choice **5**

Lunch: Cheese Sticks w/marinara sauce or Pizza/ salad station/ fresh veggie mix/ broccoli w/cheese/ baked potato/ corn/ strawberry jello/ fruit choice/ milk choice **12**

Lunch: Hamburger Steak w/ creamed potatoes & gravy or Pizza/ salad station/ green beans/ rolls/ fruit choice/ milk choice **19**

Lunch: Taco or Pizza or Tuna Salad/ salad station/ corn/ salsa/ mexican rice/ refried beans/ fruit choice/ milk choice **26**

FRIDAY

Lunch: Manager's Choice **6**

SCHOOL CLOSED FOR STUDENTS AND STAFF **13**

Lunch: BBQ on Bun w/french fries or Pizza/ salad station/ cabbage slaw/ fruit choice/ strawberry jello/ milk choice **20**

Lunch: Manager's Choice **27**

HARVEST OF THE MONTH: Root Vegetables (Carrots, Beets, Radishes)



Meal Prices: All High School Students eat breakfast at no charge. Reduced Lunch is served at no charge. High School Student Lunch price is \$1.45.

ALL VISITORS:
Breakfast \$2.25 Lunch \$4.00
STAFF:
Breakfast \$2.25 Lunch \$3.50

High School Cafeteria offers:
Daily Prepacked Salads, Sub Sandwich and PB&J.

Breakfast Menu:

Monday – Pancakes pups or Cereal & Poptart/ fruit/ juice/ milk choice
Tuesday – French Toast Sticks w/ Sausage or Cereal & Poptart/ fruit/ juice/ milk choice
Wednesday – Pancakes & Sausage or Cereal & Poptart/ fruit/ juice/ milk choice
Thursday – Breakfast Pizza or Cereal & Poptart/ fruit/ juice/ milk choice
Friday – Mini Blueberry Muffins w/Yogurt or Cereal & Poptart/ fruit/ juice/ milk choice

Breakfast in the Classroom

Monday - Breakfast Breaks w/PB&J/ fruit/ juice/ milk choice
Tuesday- Friday – Breakfast Breaks w/Cereal Bars/ fruit/ milk choice

March Tip: NSBP serves over 14 Million children every school day.

New Website home page for SNP, go to jdSNPcafes.us to access Nutrition Newsletters, click menu tab, monthly newsletters and kids' companion to read or print from jeff-davis.k12.ga.us home page/departments/school nutrition.

DID YOU KNOW?

The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war. March was the beginning of our calendar year.