

March 2020

National School Breakfast Week March 2nd – 6th

Jeff Davis Elementary School

MONDAY

Breakfast: Green Eggs and ham or Space Cereal sack or Alien Parfait/ fruit/ juice/ milk choice **2**

Lunch: Pizza/ cob corn / carrot bites w/ranch dressing/ salad/ fruit/ milk choice

Breakfast: Waffles or Cereal sack or Parfait/ fruit/ juice/ milk choice **9**

Lunch: Chicken tenders/ creamed potatoes/ green beans/ roll/ fruit/ milk choice

Breakfast: French Toast Stix or Cereal w/ Poptart/ fruit/ juice/ milk choice **16**

Lunch: Hamburger on Bun w/cheese/ onion/ lettuce & tomato/ french fries/ fruit/ milk choice

Breakfast: Pancakes or Cereal sack or Parfait/ fruit/ juice/ milk choice **23**

Lunch: Pizza/ cob corn / carrot bites w/ranch dressing/ salad/ fruit/ milk choice

Breakfast: Waffles or Cereal sack or Parfait/ fruit/ juice/ milk choice **30**

Lunch: Chicken tenders/ creamed potatoes/ green beans/ roll/ fruit/ milk choice

TUESDAY

Breakfast: Crater Sausage Biscuit or Hulk smoothie or Milky Way Parfait/ fruit/ juice/ milk choice **3**

Lunch: Steak Nuggets/ rice & tomatoes/ mustard greens/ lima beans/ cornbread/ fruit/ milk choice

Breakfast: Sausage Biscuit or Cereal sack or Parfait/ fruit/ juice/ milk choice **10**

Lunch: Spaghetti/ peas & carrots mix/ salad/ cheese stix/ fruit/ milk choice

Breakfast: Breakfast Biscuit or Cereal w/toast/ fruit/ juice/ milk choice **17**

Lunch: Popcorn Chicken/ tri taters/ celery & carrot sticks w/ranch/ garlic bread stix/ fruit/ milk choice

Breakfast: Sausage Biscuit or Cereal sack or Parfait/ fruit/ juice/ milk choice **24**

Lunch: Steak Nuggets/ rice & tomatoes/ mustard greens/ lima beans/ cornbread/ fruit/ milk choice

Breakfast: Sausage Biscuit or Cereal sack or Parfait/ fruit/ juice/ milk choice **31**

Lunch: Spaghetti/ peas & carrots mix/ salad/ cheese stix/ fruit/ milk choice

WEDNESDAY

Breakfast: Meteoroid Breakfast Pizza or Rings of Saturn Cereal or Flying parfaits/ juice/ milk choice **4**

Lunch: Sub Sandwich w/lettuce/ tomato/ cucumber sticks & carrot bites w/ranch/ vidalia onions/ chips/ fruit/ milk choice

Breakfast: Pig in Jacket/ grits or Cereal sack or Parfait/ fruit/ juice/ milk choice **11**

Lunch: Hot Dog/ fries/ baked beans/ cole slaw/ fruit/milk choice

Breakfast: Breakfast Pizza or Cereal w/toast/ fruit/ juice/ milk choice **18**

Lunch: Chicken Marinara on croissant/ sweet potato/ green beans/ fruit/ milk choice

Breakfast: Breakfast Pizza or Cereal sack or Parfait/ juice/ milk choice **25**

Lunch: Sub Sandwich w/lettuce/ tomato/ cucumber sticks & carrot bites w/ranch/ vidalia onions/ chips/ fruit/ milk choice

THURSDAY

Breakfast: Saucer Pancake or Moon Cereal sack or Rocket parfait/ fruit/ juice/ milk choice **5**

Lunch: Taco Salad w/fixings lettuce/ tomato/ diced vidalia onions/ black beans/ corn/ fruit/ milk choice

Breakfast: Chicken Crossiant or Cereal sack or Parfait/ fruit/ juice/ milk choice **12**

Lunch: Managers Choice-Hot or Not wings/ green beans/ celery & carrot sticks w/ranch/ texas toast/ fruit/ milk choice

Breakfast: Breakfast Crossiant or Cereal w/toast/ fruit/ juice/ milk choice **19**

Lunch: Hamburger Steak w/gravy/ rice/ pinto beans/ okra/ roll/ fruit/ milk choice

Breakfast: Ham & Egg Crossiant or Cereal sack or Parfait/ fruit/ juice/ milk choice **26**

Lunch: Taco Salad w/fixings lettuce/ tomato/ diced vidalia onions/ black beans/ corn/ fruit/ milk choice

FRIDAY

Breakfast: Star Gazing Poptart Sack/ fruit/ milk choice **6**

Lunch: Chicken on Bun w/lettuce/ tomato/ sweet potato fries/ fruit/ milk choice

SCHOOL CLOSED FOR STUDENTS AND STAFF HOLIDAY **13**

Breakfast: Grits & eggs or Cereal w/ Poptart/ fruit/ juice/ milk choice **20**

Lunch: BBQ on Bun/ steamed carrots/ cabbage stir fry w/Vidalia onions/ fruit/ brownie/ milk choice

Breakfast: Grits & eggs or Cereal w/ Poptart/ fruit/ juice/ milk choice **27**

Lunch: Chicken on Crossiant w/ lettuce/ tomato/ sweet potato fries/ fruit/ milk choice

HARVEST OF THE MONTH:

**Root Vegetables
(Carrots, Beets, Radishes)**



PREK – MIDDLE.... EAT FREE

Visitors: Staff
Breakfast- \$2.25 Breakfast-\$2.25
Lunch \$4.00 Lunch: \$3.50

Elementary School offers Daily Meal Choices:

Salads:

Monday Ham & Cheese
Tuesday Chicken Salad
Wednesday Ham & Cheese
Thursday Turkey & Cheese
Friday Tuna Salad

Sacks:

Monday PB&J
Tuesday Ham & Cheese
Wednesday PB&J
Thursday Turkey
Friday PB&J

Assorted Vegetables and Fruits Offered Daily with each Daily Meal Choice and Choice of Milk with meal.
January Tip: Milk on My Mind!

March Tip: NSBP serves more than 14 million children every school day.

School Nutrition Program Website:
jdSNPcafes.us or jeff-davis.k12.ga.us home page/departments/school nutrition.
Access Nutrition Newsletters: click menu tab, monthly newsletters and kids companion to read or print from jeff-davis.k12.ga.us home page/departments/school nutrition.

DID YOU KNOW?

The word 'March' comes from the Roman 'Martius'. This was originally the first month of the Roman calendar and was named after Mars, the god of war. March was the beginning of our calendar year.