

FEBRUARY 2020

Jeff Davis Prek



Monday

Breakfast: Cereal/
Juice/ milk **3**

Lunch: Hamburger on Bun
w/cheese/ lettuce &
tomato/ french fries/ veggie
cup w/ranch/ fruit/ milk

Breakfast: Cereal/
juice/ milk **10**

Lunch: Pizza/ corn/
salad/ apple slices/ milk

**SCHOOL
CLOSED
FOR
STUDENTS AND
STAFF** **17**

Breakfast: Cereal/
Juice/ milk **24**

Lunch: Hamburger on
Bun w/cheese/ lettuce
& tomato/ french fries/
veggie cup w/ranch/
fruit/ milk

Tuesday

Breakfast: Breakfast
Biscuit/ juice/ milk **4**

Lunch: Popcorn Chicken/
tri taters/ celery & carrot
sticks w/ ranch/ garlic
bread stix/ fruit/ milk

Breakfast: Biscuit/
juice/ milk **11**

Lunch: Steak Nuggets/
rice & tomatoes/ lima
beans/ cornbread/ fruit/
milk

Breakfast: Biscuit/
juice/ milk **18**

Lunch: Spaghetti/
peas & carrots mix/
salad/ fruit/ milk

Breakfast: Breakfast
Biscuit/ juice/ milk **25**

Lunch: Popcorn Chicken/
tri taters/ celery & carrot
sticks w/ ranch/ garlic
bread stix/ fruit/ milk

Wednesday

Breakfast: Breakfast
Pizza/ juice/ milk **5**

Lunch: Chili w/quick
baked potato/
steamed broccoli/
bread stick/ fruit/ milk

Breakfast: Muffin/
juice/ milk **12**

Lunch: Vegetable Beef
Soup w/cheese toast/
salad/ fruit/ milk

Breakfast: Pig in
jacket/ juice/ milk **19**

Lunch: Hot Dog/ fries/
baked beans/ slaw/ fruit/
milk

Breakfast: Breakfast
Pizza/ juice/ milk **26**

Lunch: Chili w/quick
baked potato/ steamed
broccoli/ bread stick/ fruit/
milk

Thursday

Breakfast: Cereal/
fruit/ milk **6**

Lunch: BBQ on Bun/
steamed carrots/ fruit/
brownie/ milk

Breakfast: Breakfast
Pizza/ juice/ milk **13**

Lunch: Taco Salad
w/fixings lettuce/ tomato/
black beans/ corn/
apples/ milk

Breakfast: Cereal/
fruit/ milk **20**

Lunch: Baked Chicken/
steamed cabbage/ mac &
cheese/ fruit/ milk

Breakfast: Cereal/
fruit/ milk **27**

Lunch: BBQ on Bun/
steamed carrots/ fruit/
brownie/ milk

Friday

Breakfast: Toast &
Eggs/ juice/ milk **7**

Lunch: Hamburger
Steak w/gravy/ rice/
pinto beans/ okra/ fruit/
milk

**SCHOOL
CLOSED
FOR
STUDENTS AND
STAFF** **14**

Breakfast: Toast &
Eggs/ juice/ milk **21**

Lunch: Cheese Sticks
w/marinara/ salad/
broccoli/ fruit/ milk

Breakfast: Toast &
Eggs/ juice/ milk **28**

Lunch: Hamburger
Steak w/gravy/ rice/
pinto beans/ okra/
fruit/ milk

HARVEST OF THE MONTH: CABBAGE



ALL PREK THROUGH MIDDLE
SCHOOL STUDENTS EAT AT
NO CHARGE.

ALL VISITORS:
Breakfast \$2.25
Lunch \$4.00

STAFF:
Breakfast \$2.25
Lunch \$3.50

FebruaryTip: Eat a healthy diet
that limits sugary beverages and
snacks.

⇒ See your dentist regularly

School Nutrition Program Website:
jdSNPcafes.us or
jeff-davis.k12.ga.us home
page/departments/school
nutrition. Access Nutrition
Newsletters: click menu tab,
monthly newsletters and kids
companion to read or print from
jeff-davis.k12.ga.us home
page/departments/school
nutrition.

DID YOU KNOW?

Groundhog Day, celebrated on February 2, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last for another six weeks. If there was no shadow, spring would come early.