

JANUARY 2020

Jeff Davis High School

MONDAY

DID YOU KNOW?

In the Southern Hemisphere, January is a summer month the equivalent of July.

IN SERVICE DAY FOR STAFF **6**

SCHOOL CLOSED FOR STUDENTS CHRISTMAS HOLIDAY

Lunch: Cheeseburger on Bun w/fries or Pizza/ salad station/ lettuce/ sliced tomato/ sliced onion/ baked beans/ pickle chips/ fruit choice/ milk choice **13**

SCHOOL CLOSED FOR STUDENTS AND STAFF HOLIDAY **20**

Lunch: Chicken Tenders & creamed potatoes w/gravy or Pizza or Diced Ham/ salad station/ green beans/ lima beans/ rolls/ fruit choice/ milk choice **27**

TUESDAY

IN SERVICE DAY FOR STAFF **7**

SCHOOL CLOSED FOR STUDENTS CHRISTMAS HOLIDAY

Lunch: General Tso's Chicken or Cherry Blossom Chicken w/egg roll or Pizza/ salad station/ Chinese rice/ yum yum sauce/ sweet carrots/ broccoli/ fruit choice/ milk choice **14**

Lunch: Steak Nuggets & creamed potatoes w/gravy or Pizza/ salad station/ green beans/ black eyed peas/ roll/ fruit choice/ milk choice **21**

Lunch: Sausage, Egg & Cheese Biscuit or Pizza or Cereal w/Yogurt or Yogurt Parfait/ cheese grits/ fruit bar/ steamed broccoli/ side salad/ milk choice **28**

WEDNESDAY

SCHOOL CLOSED FOR STUDENTS AND STAFF CHRISTMAS HOLIDAY **1**

Lunch: Corn Dog w/fries or Pizza/ salad station/ cole slaw/ baked beans/ chocolate cake/ apple/ fresh fruit/ milk choice **8**

Lunch: Chili w/saltines or Pizza/ salad station/ fresh veggie mix/ bread sticks/ fruit choice/ milk choice **15**

Lunch: Veggie Soup w/pb&j or pimento cheese sandwich or Pizza/ salad station/ saltines/ fried okra/ individual salads/ fruit choice milk choice **22**

Lunch: Hot Dog w/fries or Pizza/ salad station/ cole slaw/ baked beans/ chocolate cake/ apple/ fresh fruit/ milk choice **29**

THURSDAY

SCHOOL CLOSED FOR STUDENTS AND STAFF CHRISTMAS HOLIDAY **2**

Lunch: Chicken & Rice w/Grilled Cheese or Pizza/ salad station/ individual salads/ green limas/ steamed carrots/ fruit choice/ milk choice **9**

Lunch: BBQ on Bun w/french fries or Pizza/ salad station/ cabbage slaw/ fruit choice/ strawberry jello/ milk choice **16**

Lunch: Chicken or Cheese Quesidilia or Pizza or Tuna Salad/ salad station/ corn/ salsa/ mexican rice/ refried beans/ fruit choice/ milk choice **23**

Lunch: Chicken & Rice w/Grilled Cheese or Pizza/ salad station/ individual salads/ green limas/ steamed carrots/ fruit choice/ milk choice **30**

FRIDAY

SCHOOL CLOSED FOR STUDENTS AND STAFF CHRISTMAS HOLIDAY **3**

Lunch: Cheese Sticks w/marinara sauce or Pizza/ salad station/ fresh veggie mix/ broccoli w/cheese/ baked potato/ corn/ strawberry jello/ fruit choice/ milk choice **10**

Lunch: Manager's Choice **17**

Various Entrees

Lunch: Boneless Hot Wings or Pizza or Tuna Salad/ salad station/ quick bake potato/ celery & carrot sticks w/ranch/ madarin oranges/ side kicks/ milk choice **24**

Lunch: Cheese Sticks w/marinara sauce or Pizza/ salad station/ fresh veggie mix/ broccoli w/cheese/ baked potato/ corn/ strawberry jello/ fruit choice/ milk choice **31**

HARVEST OF THE MONTH: (Collard, Mustard, Turnip)



Meal Prices: All High School Students eat breakfast at no charge. Reduced Lunch is served at no charge. High School Student Lunch price is \$1.45.

ALL VISITORS:

Breakfast \$2.25 Lunch \$4.00

STAFF:

Breakfast \$2.25 Lunch \$3.50

High School Cafeteria offers:

Daily Prepacked Salads, Sub Sandwich and PB&J.

Breakfast Menu:

Monday – Pancakes pups or Cereal & Poptart/ fruit/ juice/ milk choice

Tuesday – French Toast Sticks w/ Sausage or Cereal & Poptart/ fruit/ juice/ milk choice

Wednesday – Pancakes & Sausage or Cereal & Poptart/ fruit/ juice/ milk choice

Thursday – Breakfast Pizza or Cereal & Poptart/ fruit/ juice/ milk choice

Friday – Mini Blueberry Muffins w/Yogurt or Cereal & Poptart/ fruit/ juice/ milk choice

Breakfast In the Classroom

Monday – Breakfast Breaks w/PB&J/ fruit/ juice/ milk choice

Tuesday- Friday – Breakfast Breaks w/Cereal Bars/ fruit/ milk choice

January December Tip: Milk on My Mind!

New Website home page for SNP, go to jdSNPcafes.us to access Nutrition Newsletters, click menu tab, monthly newsletters and kids' companion to read or print from jeff-davis.k12.ga.us home page/departments/school nutrition.