

JANUARY 2020

Jeff Davis Middle School

MONDAY

DID YOU KNOW?

In the Southern Hemisphere, January is a summer month the equivalent of July.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SCHOOL CLOSED FOR STUDENTS AND STAFF CHRISTMAS HOLIDAY

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IN SERVICE DAY FOR STAFF SCHOOL CLOSED FOR STUDENTS CHRISTMAS HOLIDAY

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Lunch: Hot Ham & Cheese or Corn Dog or Salad w/Diced Ham or Sack w/Pizza or Sub w/Ham & fixings/ pinto beans/ yam patties/ pasta salad/ mandarin oranges/ fresh fruit/ brownie/ milk choice

Lunch: Chicken & Rice soup w/grilled cheese or Sack w/Pizza or Sub w/Turkey & fixings or Salad w/Diced Ham/ toss salad/ crackers or croutons/ steamed broccoli/ fruit choice/

Lunch: Cheesesticks w/marinara or Salad w/diced Turkey or Sack w/Pizza or Sub w/Ham & fixings or Chicken Salad w/crackers/ toss salad/ quick bake potato/ sweet peas/ carrots w/ranch/ fruit/ milk choice

Lunch: Hamburger or Hotdog on Bun or Salad w/Chicken Fajita or Sack w/Chicken Fillet & fixings or Sub w/Turkey & fixings / baked beans/ onions/ cole slaw/ sweet potato fries/ lettuce/ tomato/ dill pickle/ baked beans/ fruit/ milk choice

Lunch: General Tso's or Sweet & Sour Chicken or Salad w/Diced Turkey or Sack w/Hamburger & fixings or Sub w/Sliced Ham & fixings/ Chinese rice/ sweet carrots/ cabbage/ mandarin oranges/ fresh fruit/ milk choice

Lunch: Chili or Salad w/Diced Ham or Sack w/Corndog or Sub w/Turkey & fixings/ baked potato/ shredded cheese/ sour cream/ crackers/ salad/ steamed broccoli/ strawberries/ milk choice

Lunch: BBQ w/Bun or Corn Dog Nuggets or Salad w/Diced Ham or Sack w/Pizza or Sub w/Ham w/fixings/ yam patties/ baked potato/ sidekicks/ fresh fruit/ apple/ milk choice

Lunch: Salisbury Steak or Meatloaf or Salad w/Diced Ham or Sack w/Chicken Nuggets or Sub w/Turkey & fixings/ rice & tomatoes/ blackeyed peas/ carrots/ cornbread/ mandarin oranges/ fresh fruit/ milk choice

SCHOOL CLOSED FOR STUDENTS AND STAFF HOLIDAY

Lunch: Steak or Chicken Nuggets or Salad w/Diced Turkey or Sack w/Hamburger & fixings or Sub w/Sliced Ham & fixings/ rice & tomatoes/ greens/ cornbread/ pineapple/ milk choice

Lunch: Veggie Beef Soup w/PB&J or Pimento Cheese Sandwich or Salad w/diced Ham or Sack w/Corndog or Sub w/Turkey & fixings/ steamed broccoli/ crackers/ jello/ fresh fruit/ milk choice

Lunch: Taco or Quesadilla or Salad w/Turkey or Sack w/Hamburger & fixings or Sub w/Ham & fixings /refried beans/ lettuce/ tomatoes/ jalapenos/ whole kernel corn/ salsa/ tropical fruit/ fresh fruit/ milk choice

Lunch: Spicy or Regular Chick Fillet w/Bun or Salad w/Diced Ham or Sack w/Chicken Nuggets or Sub w/Turkey & fixings/ lettuce/ tomato/ rosemary potatoes/ lima beans/ carrots w/ranch/ fresh fruit/ milk choice

Lunch: Chicken Tenders or Salad w/Diced Turkey or Sack w/Hamburger & fixings or Sub w/Sliced Ham & fixings/ creamed potatoes/ green beans/ carrots/ yeast rolls/ peaches/ fresh fruit/ milk choice

Lunch: Sausage, Egg & Cheese Biscuit or Chicken Biscuit or Yogurt Parfaits or Sacks w/Cheeseburger or Sacks w/Pizza/ hashbrown/ cheese grits/ fruit choice/ milk choice

Lunch: Hot Ham & Cheese or Corn Dog or Salad w/Diced Ham or Sack w/Pizza or Sub w/Ham & fixings/ pinto beans/ yam patties/ pasta salad/ mandarin oranges/ fresh fruit/ brownie/ milk choice

Lunch: Chicken & Rice soup w/grilled cheese or Sack w/Pizza or Sub w/Turkey & fixings or Salad w/Diced Ham/ toss salad/ crackers or croutons/ steamed broccoli/ fruit choice/ jello/ milk choice

Lunch: Cheesesticks w/marinara or Salad w/diced Turkey or Sack w/Pizza or Sub w/Ham & fixings or Chicken Salad w/crackers/ toss salad/ quick bake potato/ sweet peas/ carrots w/ranch/ fruit/ milk choice

HARVEST OF THE MONTH: (Collard, Mustard, Turnip)



ALL PREK THROUGH MIDDLE SCHOOL STUDENTS EAT AT NO CHARGE.

ALL VISITORS:

Breakfast \$2.25

Lunch \$4.00

STAFF:

Breakfast \$2.25

Lunch \$3.50

Middle School Cafeteria offers Breakfast Menu:

Monday – Sausage & Waffles or Cereal & Poptart or Chicken Crossiant/ fruit/ juice/ milk choice

Tuesday – Breakfast Pizza or Cereal & Poptart or Ham & Cheese Croissant/ fruit/ juice/ milk choice

Wednesday – Pancake Pups & grits or Cereal & Poptart or Sausage Croissant/ fruit/ juice/ milk choice

Thursday – Grits, Eggs & Sausage or Cereal & Poptart or Chicken Croissant/ fruit/ juice/ milk choice

Friday – French Toast & Sausage or Cereal & Poptart/ Ham & Cheese Croissant/ fruit/ juice milk choice

January Tip: Milk on My Mind!

School Nutrition Program Website:

jdSNPcafes.us or jeff-davis.k12.ga.us home page/departments/school nutrition. Access Nutrition Newsletters: click menu tab, monthly newsletters and kids companion to read or print from jeff-davis.k12.ga.us home page/departments/school nutrition.