

Monday

Tuesday

Wednesday

Thursday

Friday

Muscatal will offer the following items in addition to the daily items listed on the menu
 *Whole grain mini donuts
 *Breakfast strawberry and banana smoothie with oatmeal bar
 *Bagel with cream cheese

1
 Fruity Pebble Breakfast Parfait
 Or
 Cereal with String Cheese

4
 Banana Pancakes
 Or
 Cereal with String Cheese

5
 Pumpkin Bread Slice
 Or
 Cereal with String Cheese

6
Late Start
 Strawberry Pancakes
 Or
 Cereal with String Cheese

7
 French Toast Sticks with Turkey
 Bacon
 Or
 Cereal with String Cheese

8
 Strawberry & Cream Cheese
 Mini Bagel
 Or
 Cereal with String Cheese

11
 Dutch Waffle with Sausage
 Or
 Cereal with String Cheese

12
 Breakfast Egg and Cheese
 Burrito
 Or
 Cereal with String Cheese

13
 Chicken and Waffle Sandwich
 Or
 Cereal with String Cheese
Minimum Day TK-6

14
 Sausage Biscuit Sandwich
 Or
 Cereal with String Cheese
Minimum Day TK-6

15
 Max Glazed Pancakes
 Or
 Cereal with String Cheese
Minimum Day TK-6

18
 Bacon Eggstravaganza with
 Toast
 Or
 Cereal with String Cheese

19
 Maple Turkey Pancake Wrap
 Or
 Cereal with String Cheese

20
Late Start
 Whole grain Breakfast Chocolate
 Muffin
 Or
 Cereal with String Cheese

21
 Chicken Sausage on a Warm
 Biscuit
 Or
 Cereal with String Cheese

22
 Fruity Pebble Breakfast Parfait
 Or
 Cereal with String Cheese

25
 Banana Pancakes
 Or
 Cereal with String Cheese

26
 Colby Cheese Omelet with Toast
 and Jam
 Or
 Cereal with String Cheese

27
 Strawberry Pancakes
 Or
 Cereal with String Cheese

28
 French Toast Sticks with Turkey
 Bacon
 Or
 Cereal with String Cheese

29
 Halloween Pumpkin Scone
 Or
 Cereal with String Cheese
 Spooky Mandarin Oranges

All meals are offered with non-fat chocolate or 1% or non-fat white milk and 1 cup fruit. All grains are whole grain-rich. Please visit our website www.rosemead.k12.ca.us for further details or call our office team at (626)312-2900 ext. 254 or 255

This Institution is an Equal Opportunity Provider

