

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Bacon Eggstravaganza with Waffles 1</p> <p>Chicken Nuggets Potato Wedges Fresh Fruit</p>	<p>French Toast Sticks with Sausage 2</p> <p>Breaded Chicken Sandwich Baked Beans Fresh Fruit</p>	<p>Max Cinnamon Glazed Pancakes 3</p> <p>Pizza Hut Pepperoni Pizza Wedge Rainbow Salad Fresh Fruit</p>	<p>Strawberry Pancakes 4</p> <p>Curry Chicken with Rice Oriental Vegetables Fresh Fruit</p>	<p>Breakfast Cereal 5</p> <p>Spaghetti with Meat Sauce Texas Garlic Toast Celery Sticks with Ranch Fresh Fruit</p>
<p>Banana Pancakes 8</p> <p>Chicken with Waffles Baby carrots with Ranch Fresh Fruit</p>	<p>Cheese Omelet with Mini Blueberry Muffin 9</p> <p>Mighty Cheese Burger Potato Smiles Fruit Pop</p>	<p>Oatmeal Benefit Bar 10</p> <p>Macaroni and Cheese Bowl Green Beans Frozen Fruit Cup</p>	<p>Maple Chicken Sandwich 11</p> <p>Pick Up Stix House Chicken with Brown Rice Steamed Broccoli Fresh Fruit</p>	<p>Breakfast Cereal 12</p> <p>Rotini Pasta with Meat Sauce Broccoli Apple slices</p>
<p>Mini Turkey Pancake Wraps 15</p> <p>Popcorn Chicken with Brown Rice Steamed Broccoli Fresh Fruit</p>	<p>Whole Grain Chocolate Muffin 16</p> <p>Chicken Nuggets, Mashed Potato and Gravy Bowl Street Corn Fresh Fruit</p>	<p>Breakfast Eggstravaganza Breakfast Potatoes Chicken Double Dogs Vegetable Pack Fresh Fruit 17</p>	<p>Breakfast Burrito 18</p> <p>Pork Nachos with Refried Beans Guacamole Fresh Fruit</p>	<p>Chicken and Waffle Sandwich 19</p> <p>Chicken Alfredo with Penne Pasta Gold Rush Vegetable Juice Fresh Fruit</p>
<p>Breakfast Cereal 22</p> <p>Galaxy Pepperoni Pizza Steamed Carrot Coins Fresh Fruit</p>	<p>Yogurt with Granola 23</p> <p>Orange Chicken Bowl with Brown Rice Steamed Broccoli Fresh Fruit</p>	<p>Mini Waffles 24</p> <p>Chicken Nugget Bowl with Mashed Potatoes and Gravy Street Corn Fresh Fruit</p>	<p>Breakfast Smoothie 25</p> <p>Chicken Nugget Bowl with Mashed Potatoes and Gravy Street Corn Fresh Fruit</p>	<p>Breakfast Cereal 26</p> <p>Spaghetti with Meat Sauce Texas Garlic Toast Celery Sticks with Ranch Fresh Fruit</p>
<p>Bacon Eggstravaganza Breakfast Potatoes 29</p> <p>Teriyaki Chicken Drum Stick with Brown Rice Steamed Broccoli/ Fresh Fruit Fresh Fruit</p>	<p>French Toast Sticks with Sausage 30</p> <p>Breaded Chicken Sandwich Baked Beans Fresh Fruit</p>	<p>Max Cinnamon Glazed Pancakes 31</p> <p>Rosa Bella Pepperoni Pizza Wedge Rainbow Salad Fresh Fruit</p>	<p>Serving Sizes for Lunch</p> <p>Grains -1½ oz.</p> <p>Meat/ Meat Alternate- 1 oz.</p> <p>Fruits & Vegetables- ¼ cup & ¼ cup</p> <p>Milk -6 fluid oz.</p>	

Breakfast

½ slice

Not required

½ cup

6 fluid oz.

This Institution is an Equal Opportunity Provider
Meals are free for all children 18 years and younger.

Milk be unflavored low-fat (1 percent) or unflavored fat-free (skim) milk for children two through five years old.

At least one serving per day, across all eating occasions, must be whole grain-rich.

Grain-based desserts do not count towards the grains requirement.

