

MARCH 2021

Rosemead School District

Breakfast and Lunch Menu Grades K-8

Monday

Bacon Eggstravaganza with Waffles **1**

BBQ Chicken Wings
Multi Grain Chips
Potato Wedges
Fresh Fruit

Banana Pancakes **8**

Chicken with Waffles
Baby carrots with Ranch
Fresh Fruit

Mini Turkey Pancake Wraps **15**

Popcorn Chicken with Brown Rice
Steamed Broccoli/ Fresh Fruit
Fresh Fruit

PROFESSIONAL DEVELOPMENT **2**



Bacon Eggstravaganza Breakfast Potatoes **29**

Teriyaki Chicken Drum Stick with Brown Rice
Steamed Broccoli/ Fresh Fruit
Fresh Fruit

Tuesday

French Toast Sticks with Sausage **2**

Breaded Chicken Sandwich
Baked Beans
Fresh Fruit

Cheese Omelet with Mini Blueberry Muffin **9**

Mighty Cheese Burger
Potato Smiles
Fruit Pop

Whole Grain Chocolate Muffin **16**

Chicken Nuggets, Mashed Potato and Gravy Bowl
Street Corn
Fresh Fruit

Cereal with Yogurt **23**

Orange Chicken Bowl with Brown Rice
Steamed Broccoli
Fresh Fruit

French Toast Sticks with Sausage **30**

Breaded Chicken Sandwich
Baked Beans
Fresh Fruit

Wednesday

Max Cinnamon Glazed Pancakes **3**

Pizza Hut Pepperoni Pizza Wedge
Rainbow Salad
Fresh Fruit

Oatmeal Benefit Bar **10**

Macaroni and Cheese Bowl
Green Beans
Frozen Fruit Cup

Breakfast Eggstravaganza Breakfast Potatoes **17**

Chicken Double Dogs with Multigrain Chips
Vegetable Pack
Fresh Fruit

Breakfast Smoothie **24**

Chicken Nugget Bowl with Mashed Potatoes and Gravy
Street Corn
Fresh Fruit

Max Cinnamon Glazed Pancakes **31**

Rosa Bella Pepperoni Pizza Wedge
Rainbow Salad
Fresh Fruit

Thursday

Strawberry Pancakes **4**

Curry Chicken with Rice
Oriental Vegetables
Fresh Fruit

Maple Chicken Sandwich **11**

Pick Up Stix House Chicken with Brown Rice
Steamed Broccoli
Fresh Fruit

Breakfast Burrito **18**

Pork Nachos with Refried Beans
Guacamole
Fresh Fruit

Breakfast Pizza Bagel **25**

Chicken Double Dogs with Multigrain Chips
Vegetable Pack
Fresh Fruit

Friday

Cereal with String Cheese **5**

Spaghetti with Meat Sauce
Texas Garlic Toast
Celery Sticks with Ranch
Fresh Fruit

Cereal with String Cheese **12**

Rotini Pasta with Meat Sauce
Broccoli
Apple slices

Chicken and Waffle Sandwich **19**

Chicken Alfredo with Penne Pasta
Gold Rush Vegetable Juice
Fresh Fruit

Cereal Bar with String Cheese **26**

Spaghetti with Meat Sauce
Texas Garlic Toast
Celery Sticks with Ranch
Fresh Fruit



This Institution is an Equal Opportunity Provider

Meals are free for all children 18 years and younger. Please visit our website www.rosemead.k12.ca.us for further details or call our office team at (626)312-2900 ext. 254 or 255

All grains are whole grain-rich.