



# Early Childhood Breakfast Menu



**A Complete School Breakfast Includes:  
A Featured Hot Entrée OR Cold Entrée,  
1-2 Fruit/Fruit Juice, and/or Milk**

Featured Hot Entree				
Monday	Tuesday	Wednesday	Thursday	Friday
Apple Filled Frudel	Mini Cinnis	Mini Eggo Waffles	Mini Cinnis	Mini French Toast

**OR**

<p align="center"><b>Cold Entrée</b> <b><u>Choose 1 or 2</u></b></p> <ul style="list-style-type: none"> <li>• Assorted Cereal</li> <li>• Assorted Pop Tarts</li> <li>• Assorted Muffins</li> <li>• Assorted Trix Yogurt</li> <li>• String Cheese</li> </ul> <p align="center"><i>All items are served daily</i></p>
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**To make breakfast a meal, students are offered 1 cup of fruit/fruit juice and must select at least ½ cup fruit/fruit juice. All fruit/fruit juices are ½ cup servings.**

**AM Pre-K and K/1-2 Students Welcome**  
**Served Daily in Cafeteria 9:10 AM - 9:30 AM**  
*Students may go to class first, notify their teacher, and go to the cafeteria!*  
**Breakfast Meal Price: FREE\*\***

**\*\*USDA Waiver: 1 free breakfast meal and 1 free lunch meal daily for all students the entire school year.**

**Free & Reduced Priced Meal Application**

This year, every student may receive 1 free breakfast meal and 1 free lunch meal; however, completion of the Free & Reduced Price Meal Application may qualify **newly** eligible children for additional benefits. Free and Reduced Price Meal Applications are available on the Child Nutrition website [www.mcschildnutrition.com](http://www.mcschildnutrition.com) under the “Apply for Meal Benefits” button as well as in the school office.