

### Easy Ways to Pay for Meals:



- For the most expedient payment service, go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with any major credit card; a convenience fee of 4.29% applies.
- Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040 (include student identification number on check)
- A payment drop box is located by Registration at the Mason Central Administration Building, 211 North East St.
- Give a check or cash to the Child Nutrition Worker.

# Mason High School Lunch Menu Updated September 2021

**Fuel Up with School Breakfast at HS!**  
**HS Served Daily: 7:20-7:40 AM**  
**in Main Serving Area**  
**Breakfast Meal Price: FREE\*\***  
**See Menu On-Line**



**\*\*USDA Waiver: 1 free breakfast meal and 1 free lunch meal daily for all students the entire school year.**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunch Menu Reminder</b> Food supply chain issues are happening nationwide, and our district is also experiencing unavailable items and last-minute replacements. Menus are subject to change, but our most up-to-date menu are always available on our website at <a href="http://mcschildnutrition.com">mcschildnutrition.com</a> .				
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>No School</b> 	Mac & Cheese w/ Blueberry Muffin Roasted Broccoli* Tossed Mix Salad* Choice of 2 Fruits* Milk	Orange Chicken w/ Brown Rice & Dinner Roll Stir Fry Vegetables* Baby Carrots* Choice of 2 Fruits* Milk	Tony's Cheese Pizza Cucumber Slices* Grape Tomatoes* Choice of 2 Fruits* Milk	Boneless Chicken Wings w/ Harvest Cheddar Sun Chips "Bush's Best" Vegetarian Baked Beans* Crisp Romaine Salad* Choice of 2 Fruit* Milk
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Tossed Mix Salad* Choice of 2 Fruits* Milk	Mini Turkey Corn Dogs Spring Mix Salad* Grape Tomatoes* Choice of 2 Fruits* Milk	Popcorn Chicken w/ Dinner Roll Golden Corn* Celery Sticks* Choice of 2 Fruits* Milk	Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Red Pepper Strips* Choice of 2 Fruits* Milk	Pepperoni Calzone w/ Marinara Sauce Crisp Romaine Salad* Cucumber Slices* Choice of 2 Fruits* Milk
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Toasted Cheese Sandwich Campbell's Tomato Soup* Tossed Mix Salad* Choice of 2 Fruits* Milk	<b>Brunch for Lunch</b> French Toast Sticks w/ Turkey Sausage Links Baby Carrots* Celery Sticks* Choice of 2 Fruits* Milk	General Tso's Chicken w/ Brown Rice & Dinner Roll Roasted Broccoli* Red Pepper Strips* Choice of 2 Fruits* Milk	Cheese Quesadilla Taco Fiesta Black Beans* Crisp Romaine Salad* Choice of 2 Fruits* Milk	Chicken Tenders w/ Dinner Roll Golden Corn* Cucumber Slices* Choice of 2 Fruits* Milk
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Crisp Romaine Salad* Choice of 2 Fruits* Milk	<b>Updated Menu</b> Mini Turkey Corn Dogs Potato Smiles* Spinach Salad* Choice of 2 Fruits* Milk	Popcorn Chicken w/ Dinner Roll Red Pepper Strips* Celery Sticks* Choice of 2 Fruits* Milk	Pepperoni Calzone w/ Marinara Sauce Tossed Mix Salad* Cucumber Slices* Choice of 2 Fruits* Milk	<b>Check out Child Nutrition's Interactive Menus!</b> Go to <a href="http://mcschildnutrition.com">mcschildnutrition.com</a> OR <a href="http://masonohioschools.com">masonohioschools.com</a> , click on 'Departments' then 'Child Nutrition.' The interactive menus are identified with the  icon next to them.

**Lunch Prices: FREE\*\***  
**2<sup>nd</sup> Entrée: \$2.20, \$2.30, \$2.85, \$3.10, & 4.00**  
**2<sup>nd</sup> Slice Pizza: \$2.85**  
**Ala Carte Milk: \$0.55**  
**\*\*USDA Waiver:**  
**1 free breakfast meal and 1 free lunch meal daily for all students the entire school year**

**Additional Offerings Served:**  
**Offered Daily:** Café Feature or South of the Border Tacos, Taco Salad, Walking Taco (Tuesday Only), Cheese and Pepperoni Pizza, 100% Beef Hamburger or Cheeseburger,  
**NEW** Chicken Patty Sandwich (M-Th) & Hot & Spicy Chicken Patty Sandwich (F),  
 Peanut Butter & Jelly Sandwich, Yogurt Parfait w/ Granola, Garden Salad w/ Cheese & Hardboiled Eggs  
 \*Additional fruit and vegetable choices are available daily  
**Menu Subject to Change**  
**MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040**  
 "This institution is an equal opportunity provider."

A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 2 fruits and 2 vegetables.