



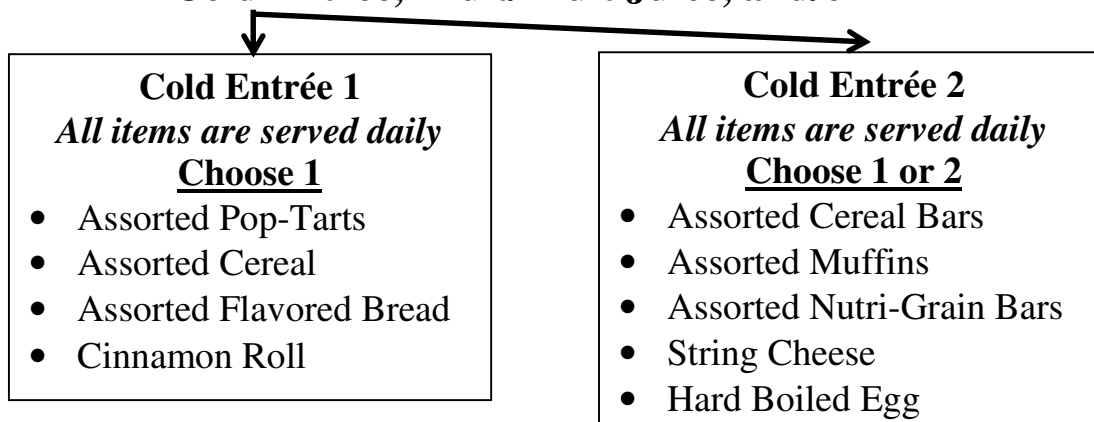
Mason High School



September Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Featured Hot Entrée</u>	<u>Featured Hot Entrée</u>	<u>Featured Hot Entrée</u>	<u>Featured Hot Entrée</u>	<u>Featured Hot Entrée</u>
Apple Filled Frudel	Cinnamon French Toast Sticks	Jimmy Dean Turkey Sausage & Pancake Breakfast Stick	Mini Cinnis	Mini Confetti Pancakes

**A Complete School Breakfast Includes:
A Featured Hot Entrée (See Menu Above) OR
Cold Entrée, Fruit/Fruit Juice, and/or Milk**



To make breakfast a meal, students are offered 1 cup of fruit/fruit juice and must select at least ½ cup fruit/fruit juice.

Served Daily 7:20 AM – 7:40 AM in the Main Serving Area

Breakfast Meal Price: FREE**

**USDA Waiver: 1 free breakfast meal and 1 free lunch meal daily for all students the entire school year.

Free & Reduced Priced Meal Application

This year, every student may receive 1 free breakfast meal and 1 free lunch meal; however, completion of the Free & Reduced Price Meal Application may qualify **newly** eligible children for additional benefits.

Free and Reduced Price Meal Applications are available on the Child Nutrition website

www.mcschildnutrition.com under the “Apply for Meal Benefits” button as well as in the school office.