




## September Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Featured Hot Entrée</u> Apple Filled Frudel	<u>Featured Hot Entrée</u> Cinnamon French Toast Sticks	<u>Featured Hot Entrée</u> Jimmy Dean Turkey Sausage & Pancake Breakfast Stick	<u>Featured Hot Entrée</u> Mini Cinnis	<u>Featured Hot Entrée</u> Mini Maple Waffles
<b>Served Daily:</b> Mini Pancakes – <i>Flavor of the Month</i> – Confetti Pancakes 				

**A Complete School Breakfast Includes:  
A Featured Hot Entrée (See Menu Above) OR  
Cold Entrée, Fruit/Fruit Juice, and/or Milk**

<p style="text-align: center;"><b>Cold Entrée 1</b> <i>All items are served daily</i> <b><u>Choose 1</u></b></p> <ul style="list-style-type: none"> <li>• Assorted Pop-Tarts</li> <li>• Assorted Cereal</li> <li>• Assorted Flavored Bread</li> <li>• Cinnamon Roll</li> </ul>	<p style="text-align: center;"><b>Cold Entrée 2</b> <i>All items are served daily</i> <b><u>Choose 1 or 2</u></b></p> <ul style="list-style-type: none"> <li>• Assorted Cereal Bars</li> <li>• Assorted Muffins</li> <li>• Assorted Nutri-Grain Bars</li> <li>• String Cheese</li> <li>• Hard Boiled Egg</li> </ul>
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**To make breakfast a meal, students are offered 1 cup of fruit/fruit juice and must select at least ½ cup fruit/fruit juice.**

**Served Daily in Cafeteria 7:20-7:45 AM and on Breakfast Cart 7:10-7:45 AM  
Breakfast Cart is located by the 300 wing where buses unload.**

**Breakfast Meal Price: FREE\*\***

\*\*USDA Waiver: 1 free breakfast meal and 1 free lunch meal daily for all students the entire school year.

### Free & Reduced Priced Meal Application

This year, every student may receive 1 free breakfast meal and 1 free lunch meal; however, completion of the Free & Reduced Price Meal Application may qualify **newly** eligible children for additional benefits.

Free and Reduced Price Meal Applications are available on the Child Nutrition website

[www.mcschildnutrition.com](http://www.mcschildnutrition.com) under the “Apply for Meal Benefits” button as well as in the school office.