

Easy Ways to Pay for Meals:




- For the most expedient payment service, go to www.MyPaymentsPlus.com to make a payment with any major credit card; a convenience fee of 4.29% applies.
- Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040 (include student identification number on check)
- A payment drop box is located by Registration at the Mason Central Administration Building, 211 North East St.
- Give a check or cash to the Child Nutrition Worker.

Mason High School Lunch Menu January 2021

Fuel Up with School Breakfast at HS!
HS Served Daily: 7:20-7:40 AM in cafeteria
Breakfast Meal Price: FREE**
See Menu On-Line



**USDA Waiver: 1 free breakfast and 1 free lunch daily for Mason students until the last day of school unless Federal funds are no longer available.

Monday	Tuesday	Wednesday	Thursday	Friday
4 Group 1 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Crisp Romaine Lettuce* Choice of 2 Fruits* Milk	5 Group 2 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Crisp Romaine Lettuce* Choice of 2 Fruits* Milk	6 Wednesday RLE Pilot	7 Group 1 Popcorn Chicken w/ Cornbread Muffin Oven Baked Seasoned French Fries* Tossed Mix Salad* Choice of 2 Fruits* Milk	8 Group 2 Popcorn Chicken w/ Cornbread Muffin Oven Baked Seasoned French Fries* Tossed Mix Salad* Choice of 2 Fruits* Milk
11 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Choice of 2 Fruits* Milk	12 Mini Turkey Corn Dogs Crisp Romaine Salad* Cucumber Slices* Choice of 2 Fruits* Milk	13 Wednesday RLE Pilot	14 <u>Brunch for Lunch</u> French Toast Sticks w/ Turkey Sausage Links Oven Roasted Home Fries* Grape Tomatoes* Choice of 2 Fruits* Milk	15 Chicken Nuggets w/ Dinner Roll "Bush's Best" Vegetarian Baked Beans* Tossed Mix Salad* Choice of 2 Fruits* Mil
18 No School 	19 Three Cheese Cavatappi Mac & Cheese w/ Blueberry Muffin Roasted Broccoli Florets* Grape Tomatoes* Choice of 2 Fruits* Milk	20 General Tso's Chicken w/ Brown Rice & Dinner Roll Stir-Fry Vegetables* Crisp Romaine Salad* Choice of 2 Fruits* Milk	21 Cincinnati Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Red Pepper Strips* Choice of 2 Fruits* Milk	22 Boneless Chicken Wings w/ Harvest Cheddar Sun Chips Oven Baked Seasoned French Fries* Celery Sticks* Choice of 2 Fruits* Milk
25 4x6 Tony's Cheese Pizza Emoji Potatoes* Baby Carrots* Choice of 2 Fruits* Milk 	26 Breaded Chicken Drumstick w/ Biscuit "Bush's Best" Vegetarian Baked Beans* Golden Corn* Choice of 2 Fruits* Milk	27 Wednesday RLE Pilot	28 <u>Brunch for Lunch</u> French Toast Sticks w/ Turkey Sausage Links Oven Roasted Home Fries* Red Pepper Strips* Choice of 2 Fruits* Milk	29 Pepperoni Calzone w/ Marinara Sauce Baby Carrots* Crisp Romaine Salad* Choice of 2 Fruits* Milk
Follow Child Nutrition on Twitter @NutritionMCS! 	A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 2 fruits and 2 vegetables.			Lunch Prices: FREE** 2nd Entrée: \$2.20, \$2.30, \$2.85, \$3.10, & 4.00 2nd Slice Pizza: \$2.85 Ala Carte Milk: \$0.55

Additional Offerings Served: Offered Daily: Café Feature or South of the Border Tacos, Taco Salad, Walking Tacos (Tuesday Only), Cheese and Pork Pepperoni Pizza, Hamburger or Cheeseburger, Deli Subs, Peanut Butter & Jelly Sandwich, Chef Salad.

Available on Friday: Fish Sandwich *Additional fruit and vegetable choices are available daily

Menu Subject to Change

MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."

