

Easy Ways to Pay for Meals:

- For the most expedient payment service, go to www.MyPaymentsPlus.com to make a payment with any major credit card; a convenience fee of 4.29% applies.
- Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040 (include student identification number on check)
- A payment drop box is located by Registration at the Mason Central Administration Building, 211 North East St.
- Give a check or cash to the Child Nutrition Worker.

Mason Middle School Lunch Menu November 2020

Fuel Up Each Day with A Healthy Breakfast at MM!
Breakfast is available in the cafeteria and from a breakfast cart located by the 300 wing where the buses unload.
Cafeteria: 7:20-7:45 AM Breakfast Cart: 7:30-7:45 AM
Breakfast Meal Price: FREE**
 **USDA Waiver: 1 free breakfast and 1 free lunch daily for Mason students until December 31, 2020 unless Federal funds are no longer available.



Monday	Tuesday	Wednesday	Thursday	Friday
2 Mac & Cheese Steamed Broccoli Florets* Tossed Mix Salad* Diced Pears* Milk	3 Grab & Go Walking Taco w/ Nacho Cheese Doritos Golden Corn* Taco Fiesta Black Beans* Red Delicious Apple* Milk	4 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Spring Mix Salad* Mandarin Oranges* Milk	5 Chicken Tenders w/ Waffles Oven Baked Seasoned Fries* Celery Sticks* Chilled Strawberry Cup* Milk	6 Cheese Quesadilla w/ Choice of Salsa & Sour Cream Red Pepper Strips* Crisp Romaine Salad* Pineapple Chunks* Milk
9 Twisted Grilled Cheese Sticks Campbell's Tomato Soup* Tossed Mix Salad* Apple Slices* Milk	10 Popcorn Chicken w/ Dinner Roll "Bush's Best" Vegetarian Baked Beans* Cucumber Slices* Orange Smiles* Milk	11 Mini Turkey Corn Dogs Potato Smiles* Baby Carrots* Kicking Kiwi* Milk	12 Brunch for Lunch French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Rounds* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk	13 Goldkist Boneless Chicken Wings w/ Harvest Cheddar Sun Chips Green Pepper Strips* Crisp Romaine Salad* Applesauce Cup* Milk
16 Orange Chicken w/ Brown Rice Stir-Fry Vegetables* Grape Tomatoes* Pineapple Chunks* Milk	17 Taco Salad w/ Baked Tostitos Chips Black Beans* Tossed Mix Salad* Slushy Kiwi Strawberry Juice Cup* Milk	18 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Cucumber Slices* Diced Pears* Milk	19 HOLIDAY MEAL Roast Turkey w/ Gravy & Biscuit Parmesan Herb Baby Baker Potatoes* Tender Green Beans* Chilled Mixed Berry Cup* Milk	20 Popcorn Chicken w/ Dinner Roll Baby Carrots* Crisp Romaine Salad* Cinnamon Applesauce Cup* Milk

No School - November 23-27



30 Pepperoni Calzone w/ Marinara Sauce Tossed Mix Salad* Grape Tomatoes* Chilled Peach Cup* Milk	<p>Lunch Price: FREE** Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8 oz): \$0.65</p>	A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.	
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Additional Offerings Served: Offered Daily: Crispy Shell and/or Flour Tortilla Tacos, Nachos w/ Cheese and/or Taco Meat, Cheese or Pepperoni (Turkey & Beef) Pizza, Hamburger or Cheeseburger, Chicken Patty Sandwich, Hot & Spicy Chicken Sandwich; Peanut Butter & Jelly Sandwich; Pre-Made Salads and Sandwiches;

Available on Fridays: Fish Sandwich* Additional fruit and vegetable choices are available daily

Menu Subject to Change

MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."