


Four easy ways to pay for meals:





1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.29% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Middle School Lunch Menu February 2020

Fuel Up Each Day with A Healthy Breakfast at MM!
Breakfast is available in the cafeteria and from a breakfast cart located by the 300 wing where the buses unload.

Cafeteria: 7:20-7:45 AM
NEW → Breakfast Cart: 7:10-7:45 AM
 Breakfast Meal Price: \$1.80
 Breakfast Items Available Ala Carte



Monday	Tuesday	Wednesday	Thursday	Friday	
Lunch Price: \$2.70, \$2.95 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8 oz): \$0.65	A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.			Afternoon Snack Cart! Located: Cafeteria Open: 2:30-2:50	 Follow Child Nutrition on Twitter, Facebook, and Instagram! @NutritionMCS
3 Mini Turkey Corn Dogs Steamed Peas* Baby Carrots* Cinnamon Applesauce Cup* Milk	4 Cheese Quesadilla Golden Corn* Refried Beans* Red Grapes* Milk	5 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Spinach Salad* Grape Tomatoes* Apple Slices* Milk	6 Chicken Tenders w/ Waffles Red Pepper Strips* Tossed Mix Salad* Slushy Strawberry Pomegranate Juice Cup* Milk	7 Italian Pasta Bar w/ Garlic Toast (Sauce Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Crisp Romaine Salad* Cucurber Slices*  Mandarin Oranges* Milk Personal Pan Domino's Pizza	
10 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Kicking Kiwi* Milk	11 Taco Tuesday Taco Salad w/ Baked Tostitos Chips Golden Corn* Refried Beans* Mixed Berries* Milk	12 Brunch for Lunch French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Rounds* Spring Mix Salad* 100% Apple, Grape or Orange Juice* Milk	13 Happy Early Valentine's Day Popcorn Chicken w/ Dinner Roll Cucumber Slices* Grape Tomatoes* "Be Mine" Cherry Juice Cup* Milk	14 Personal Learning Day 	
17 No School 	18 Chicken & Cheese Taquitos w/ Enchilada Sauce Golden Corn* Red Pepper Strips* Cinnamon Applesauce Cup* Milk	19 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Spinach Salad* Steamed Peas* Chilled Peach Cup* Milk	20 Cincinnati Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Baby Carrots* Red Grapes* Milk	21 Goldkist Boneless Chicken Wings w/ Harvest Cheddar Sun Chips Crisp Romaine Salad* Celery Sticks* Diced Pears* Milk Buffalo Chicken & Cheese Pizza No Pepperoni Pizza will be Offered	
24 General Tso's Chicken w/ Brown Rice Grape Tomatoes* Tossed Mix Salad* Apple Slices* Milk	25 Taco Tuesday Grab & Go Walking Taco w/ Nacho Cheese Doritos Golden Corn* Taco Fiesta Black Beans* Red Grapes* Milk	26 Brunch for Lunch French Toast Sticks w/ Egg & Cheese Omelet Hash Brown Potato Rounds* Spring Mix Salad* 100% Apple, Grape or Orange Juice* Milk	27 Tyson Breaded Chicken Drumstick w/ Biscuit Parmesan Herb Baby Baker Potatoes* Crisp Romaine Salad* Apple Slices* Milk	28 Pepperoni Calzone w/ Marinara Sauce Tossed Mix Salad* Baby Carrots* Mixed Fruit* Milk	

Additional Offerings Served:


Offered Daily: Crispy Shell and/or Flour Tortilla Tacos, Nachos w/ Cheese and/or Taco Meat, Cheese or Pepperoni (Beef and Turkey) Pizza, Hamburger or Cheeseburger, Chicken Patty Sandwich, Hot & Spicy Chicken Sandwich; Peanut Butter & Jelly Sandwich; Hummus Meal; and Made to Order Salads and Sandwiches from the Comet Fresh Express.

Available on Fridays: Fish Sandwich *Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."

Check out Child Nutrition's Interactive Menus!

Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.