

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of **4.29%** applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Intermediate Lunch Menu February 2020

Fuel Up with School Breakfast at MI!

All Students Welcome
Served Daily in Cafeteria: 8:20 – 8:40 AM
Breakfast Meal Price: \$1.80
Breakfast Items Available Ala Carte
See Menu On-Line



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Price: \$2.70 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.65</p>	<p>A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.</p>			<p>Follow Child Nutrition on Twitter, Facebook, and Instagram! @NutritionMCS</p>
<p>3 Super Bowl After Party Touchdown Chicken Nuggets NEW w/ Dinner Roll Baby Carrots* “Football Shaped” Grape Tomatoes* Kicking Kiwi* Milk</p>	<p>4 Three Cheese Cavatappi Mac & Cheese Steamed Broccoli Florets* Cucumber Slices* Mixed Berries* Milk</p>	<p>5 Brunch for Lunch Mini Pillsbury Pancakes w/ Turkey Sausage Links Hash Brown Potato Rounds* Green Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p>6 Chicken Tenders w/ Dinner Roll Celery Sticks* Spring Mix Salad* Chilled Peach Cup* Milk</p>	<p>7 Bosco Cheese Filled Breadstick w/ Marinara Sauce Steamed Peas* Crisp Romaine Salad* Diced Pears* Milk</p>
<p>10 Toasted Cheese Sandwich “Campbell’s” Tomato Soup* Tater Tots* Apple Slices* Milk</p>	<p>11 Taco Tuesday! Taco Salad w/ Baked Tostitos Chips Golden Corn* Refried Beans* Diced Mangoes* Milk</p>	<p>12 Cincinnati Chili Cheese Dog OR Turkey Hot Dog on Bun “Bush’s Best” Vegetarian Baked Beans* Spinach Salad* Pineapple Chunks* Milk</p>	<p>13 Happy Early Valentine’s Day Heart Shaped Chicken Nuggets w/ Dinner Roll Curly Fries* Red Pepper Strips* “Be Mine” Cherry Juice Cup* Milk</p>	<p>14 Personal Learning Day</p>
<p>17 No School</p>	<p>18 Personal Pan Cheese Pizza Baby Carrots* Grape Tomatoes* Cinnamon Applesauce Cup* Milk</p>	<p>19 Brunch for Lunch French Toast Sticks w/ Egg & Cheese Omelet Hash Brown Potato Rounds* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>20 Chicken Patty Sandwich Parmesan Herb Baby Baker Potatoes* Green Pepper Strips* Slushy Kiwi Strawberry Juice Cup* Milk</p>	<p>21 Italian Pasta Bar w/ Garlic Breadstick (Sauce Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Cucumber Slices* Crisp Romaine Salad* Fresh Clementine* Milk</p>
<p>24 Orange Chicken w/ Brown Rice Baby Carrots* Tossed Mix Salad* Pineapple Chunks* Milk February Happy Birthday Celebration! Cotton Candy Ice Cream Cup w/ any Meal! NEW</p>	<p>25 Taco Tuesday! Taco Salad w/ Baked Tostitos Chips Golden Corn* Taco Fiesta Black Beans* Mixed Berries* Milk</p>	<p>26 Mini Turkey Corn Dogs Emoji Potatoes* Red Pepper Strips* Apple Slices* Milk</p>	<p>27 Popcorn Chicken w/ Dinner Roll Spring Mix Salad* Celery Sticks* Diced Mangoes* Milk</p>	<p>28 Pepperoni Calzone w/ Marinara Sauce Cucumber Slices* Crisp Romaine Salad* Mixed Fruit* Milk</p>

Additional Entrées Served: Offered Daily: Large Green or Chef Salad w/ Banana Bread; Yogurt, String Cheese & Banana Bread; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hamburger/Cheeseburger; Hummus Meal; Roasted Red Pepper Hummus, Pretzels, Colby Jack Cheese & Mini Blueberry Loaf; **Monday, Wednesday, Friday:** Cheese & Beef Pepperoni Pizza; **Tuesday:** Chicken Nuggets w/ Dinner Roll; **Thursday:** Mac & Cheese; **Friday:** Fish Sandwich

*Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

“This institution is an equal opportunity provider.”

Check out Child Nutrition’s Interactive Menus!

Go to mcschildnutrition.com and click on the menus tab or the “What’s for Lunch” picture. The interactive menus are identified with the icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.