

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason High School Lunch Menu September 2019

Fuel Up with School Breakfast at HS!
HS Students - Breakfast is available in the Snack Shop
Served Daily: 7:20-7:40 AM
Breakfast Meal Price: \$1.80
See Menu On-Line
Breakfast Items Available Ala Carte



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 <u>No School – Labor Day</u> Lunch Prices: \$2.70, \$3.50 \$3.70 & \$4.50 2nd Entrée: \$2.10, \$2.75 2nd Slice Pizza: \$2.75 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.65</p>	<p>3 Mini Turkey Corn Dogs Tossed Mix Salad* Baby Carrots* Choice of 2 Fruits* Milk</p>	<p>4 Popcorn Chicken w/ Cornbread Muffin Celery Sticks* Red Pepper Strips* Choice of 2 Fruits* Milk</p>	<p>5 BBQ Pork Sandwich Spring Mix Salad* Cucumber Slices* Choice of 2 Fruits* Milk</p>	<p>6 Pepperoni Calzone w/ Marinara Sauce Crisp Romaine Salad* Grape Tomatoes* Choice of 2 Fruits* Milk</p>
<p>9 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Choice of 2 Fruits* Milk </p>	<p>10 General Tso's Chicken w/ Brown Rice & Vegetable Eggroll Roasted Broccoli Florets* Cucumber Slices* Choice of 2 Fruits* Milk</p>	<p>11 Chili Cheese Conneys “Bush’s Best” Vegetarian Baked Beans* Baby Carrots* Choice of 2 Fruits* Milk Domino’s Pizza! Cheese & Pepperoni are available!</p>	<p>12 <u>Brunch For Lunch</u> French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Rounds* Hearty Spinach Salad* Choice of 2 Fruits* Milk</p>	<p>13 Goldkist Boneless Chicken Wings w/ Harvest Cheddar Sun Chips Grape Tomatoes* Celery Sticks* Choice of 2 Fruits* Milk</p>
<p>16 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Crisp Romaine Lettuce* Choice of 2 Fruits* Milk</p>	<p>17 Hot Honey Sloppy Joe Sandwich Savory Sweet Potato Fries* Cucumber Slices * Choice of 2 Fruits* Milk</p>	<p>18 Popcorn Chicken w/ Dinner Roll Roasted Green Beans* Celery Sticks* Choice of 2 Fruits* Milk</p>	<p>19 Mini Turkey Corn Dogs “Bush’s Best” Vegetarian Baked Beans* Spring Mix Salad* Choice of 2 Fruits* Milk</p>	<p>20 Tyson Breaded Chicken Drumstick w/ Biscuit Grape Tomatoes* Tossed Mix Salad* Choice of 2 Fruits* Milk</p>
<p>23 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Choice of 2 Fruits* Milk</p>	<p>24 Teriyaki Chicken w/ Brown Rice & Vegetable Eggroll Roasted Green Beans* Red Pepper Strips* Choice of 2 Fruits* Milk</p>	<p>25 Cincinnati Chili & Spaghetti Kidney Beans* Crisp Romaine Salad* Choice of 2 Fruits* Milk Domino’s Pizza! Cheese & Pepperoni are available!</p>	<p>26 Chicken Strips w/ Waffles Cucumber Slices* Hearty Spinach Salad* Choice of 2 Fruits* Milk</p>	<p>27 Pepperoni Calzone w/ Marinara Sauce Tossed Mix Salad* Baby Carrots* Choice of 2 Fruits* Milk</p>
<p>30 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Roasted Seasoned Asparagus* Grape Tomatoes* Choice of 2 Fruits* Milk</p>	<p>Additional Offerings Served: Offered Daily: Café Feature or South of the Border Tacos, Taco Salad, Walking Tacos (Tuesday Only), Cheese, Pork Pepperoni or Specialty Pizza, Hamburger or Cheeseburger, Breaded or Hot & Spicy Chicken Sandwiches, Specialty Salads: Chef, Cobb, and Seasonal Grilled Chicken Caesar Salad, Deli Subs & Sandwiches, Hummus Meal, Three Cheese Cavatappi (M, W, F) or Regular Mac & Cheese (T, Th) w/ Dinner Roll, Peanut Butter & Jelly Sandwich, Yogurt Parfait w/ Granola; Available on Friday: Fish Sandwich *Additional fruit and vegetable choices are available daily</p>			

A complete lunch consists of 5 food components—grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 2 fruits and 2 vegetables.

Check out Child Nutrition’s Interactive Menus!
Go to mcschildnutrition.com and click on the menus tab or the “What’s for Lunch” picture. The interactive menus are identified with the icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.