

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Early Childhood Center Lunch Menu September 2019

Fuel Up with School Breakfast at MECC!
Pre-K/K-2 Students Welcome
Served Daily in Cafeteria: 9:05-9:20AM
Breakfast Meal Price: \$1.70
See Menu On-Line

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Labor Day – No School</p> <p style="text-align: center;">Lunch Price: \$2.70 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.65</p>	<p>3 Tony's Cheese Pizza Grape Tomatoes* Tossed Mix Salad* Mandarin Oranges* Milk</p>	<p>4 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Celery Sticks* Red Grapes* Milk</p>	<p>5 Mini Confetti Eggo Pancakes w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>6 Chicken Tenders w/ Dinner Roll "Bush's Best" Vegetarian Baked Beans* Baby Carrots* Strawberry Kiwi Juice Cup* Milk</p>
<p>9 Orange Chicken w/ Brown Rice Steamed Broccoli Florets* Cucumber Slices* Pineapple Tidbits* Milk</p>	<p>10 Tony's Cheese OR Pork Pepperoni Pizza Chipotle Black Beans* Grape Tomatoes* Orange Smiles* Milk</p>	<p>11 Popcorn Chicken w/ Dinner Roll Golden Corn* Sweet & Juicy Red Pepper Strips* Mixed Berries* Milk</p>	<p>12 French Toast Sticks w/ Scrambled Eggs OR Mini Cinnis w/ Scrambled Eggs Hash Brown Potato Rounds* Hearty Spring Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>13 <u>Scooby Doo's Birthday!</u> Mini Turkey Corn Dogs Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal! </p>
<p>16 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Diced Peaches* Milk</p>	<p>17 Tony's Cheese Pizza Grape Tomatoes* Green Pepper Strips* Chilled Strawberry Cup* Milk</p>	<p>18 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Celery Sticks* Baby Carrots* Red Grapes* Milk </p>	<p>19 Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini French Toast Sticks w/ Turkey Sausage Links Tater Tots* Tossed Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>20 Chicken Nuggets w/ Dinner Roll "Bush's Best" Vegetarian Baked Beans* Crisp Romaine Salad* Apple Slices* Milk</p>
<p>23 Hamburger or Cheeseburger Oven Baked French Fries* Cucumber Slices* Mandarin Oranges* Milk</p>	<p>24 Tony's Cheese Pizza OR Pork Pepperoni Pizza Chipotle Black Beans* Hearty Spinach Salad* Strawberry Mango Juice Cup* Milk </p>	<p>25 Popcorn Chicken w/ Biscuit Golden Corn* Grape Tomatoes* Kicking Kiwi* Milk</p>	<p>26 French Toast Sticks w/ Egg & Cheese Omelet OR Apple Filled Frudel w/ Egg & Cheese Omelet Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>27 Macaroni & Cheese w/ Dinner Roll Steamed Broccoli Florets* Baby Carrots* Diced Pears* Milk </p>
<p>30 Turkey Hot Dog "Bush's Best" Vegetarian Baked Beans* Cucumber Slices* Mixed Fruit* Milk September Happy Birthday Celebration! Mini Birthday Cake Frozen Yogurt Cup w/ any Meal!</p>	<p>A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.</p>		<p style="text-align: center;"><u>Check out Child Nutrition's Interactive Menus!</u> Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p>	

Additional Entrées Served Daily: Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers;

Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers;

Hummus Meal: Roasted Red Pepper Hummus, Pretzels, Colby Jack Cheese & Mini Blueberry Loaf;

Yogurt Meal: Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers;

*Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."