

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Middle School Lunch Menu May 2019



Please say "Thank You" to the Child Nutrition Workers on May 3 for all their hard work!







Monday

Tuesday

Wednesday

Thursday

Friday

<p>Lunch Price: \$2.70, 2.95 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.60</p>		<p>Follow Child Nutrition on Twitter @NutritionMCS!</p> 		<p>1 <u>Grab & Go Lunch</u> Entrée Offerings Only Include: Chicken Patty Sandwich OR Italian Sub OR Large Green Salad OR Personal Pan Domino's Pizza OR PB&J Sandwiches Baby Carrots* Grape Tomatoes* Apple Slices*  Milk</p>		<p>2 Boneless Chicken Wings w/ Harvest Cheddar Sun Chips Celery Sticks* Baby Carrots* Kicking Kiwi* Milk</p>		<p>3 <u>School Lunch Hero Day!</u> Brunch For Lunch French Toast Sticks w/ Scrambled Eggs Hash Brown Potato Rounds* Tossed Mix Salad* 100% Apple or Orange Juice* Milk</p> 	
<p>6 Bosco Cheese Filled Breadsticks w/ Marinara Sauce "Bush's Best" Vegetarian Baked Beans* Tossed Mix Salad* Mandarin Oranges* Milk</p>		<p>7 General Tso's Chicken w/ Brown Rice Grape Tomatoes* Red Pepper Strips* Pineapple Tidbits* Milk</p>		<p>8 Mac & Cheese w/ Dinner Roll Steamed Broccoli Florets* Cucumbers Slices* Mixed Berries* Milk</p>		<p>9 Popcorn Chicken w/ Biscuit Curly Fries* Spinach Salad* Kiwi* Milk</p>		<p>10 Mini Turkey Corn Dogs Potato Smiles* Spring Mix Salad* Red Grapes* Milk</p>	
<p>13 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Apple Slices* Milk</p>		<p>14 Grab & Go Walking Taco w/ Nacho Cheese Doritos & Choice of Salsa & Sour Cream Golden Corn* "Bush's Best" Taco Fiesta Black Beans* Diced Peaches* Milk</p>		<p>15 <u>Brunch For Lunch</u>  French Toast Sticks w/ Turkey Sausage Patties Hash Brown Potato Rounds* Baby Carrots* 100% Apple or Orange Juice* Milk</p>		<p>16 Chicken Tenders w/ Waffles Grape Tomatoes* Crisp Romaine Salad* Strawberry Kiwi Juice Cup* Milk</p>		<p>17 Pepperoni Calzone Celery Sticks* Tossed Mix Salad* Mixed Fruit* Milk</p>	
<p>20 <i>Tyson</i>® Breaded Chicken Drumstick w/ Dinner Roll Baby Baker Potatoes* Tender Green Beans* Apple Slices* Milk No Snack Cart - May 20-24</p>		<p>21 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Golden Corn* Chipotle Black Beans* Tropical Fruit Salad* Milk</p>		<p>22 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Spinach Salad* Red Pepper Strips* Mandarin Oranges* Milk</p>		<p>23 Chili Cheese Cones Grape Tomatoes* Cucumber Slices* Diced Pears* Milk</p>		<p>24 <u>Last Day of School!</u> Entrée Offerings Only Include: Personal Pan Domino's Pizza OR  PB&J Sandwiches Crisp Romaine Salad* Baby Carrots* Applesauce Cup* Milk</p>	
<p>ENJOY YOUR SUMMER!</p>		<p>A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.</p>				<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p>			



Summer Feeding Programs Available:
 Visit www.mcschildnutrition.com and click on the Summer Meal Program sign on the left hand side.

Additional Entrées Served

Offered Daily: Cheese or Turkey Pepperoni Pizza, Hamburger or Cheeseburger, Chicken Patty Sandwich, Peanut Butter & Jelly Sandwich, Grilled Chicken Salad, Chef Salad, Large Green Salad, Hummus Meal, Turkey & Cheese Sub, Italian Sub

Available on Fridays: Spicy Chicken Patty Sandwich, Fish Sandwich

*Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."