

Four easy ways to pay for meals:














1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Intermediate 56 Lunch Menu May 2019



SCHOOL LUNCH HERO DAY

Please say "Thank You" to the Child Nutrition Workers on May 3 for all their hard work!

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>Lunch Price: \$2.70 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.60</p> </div>	<p>Follow Child Nutrition on Twitter @NutritionMCS!</p> 	<p>1 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Chipotle Black Beans* Golden Corn* Red Grapes* Milk</p>	<p>2 Chicken Tenders w/ Dinner Roll Oven Baked French Fries* Hearty Spinach Salad* Diced Peaches* Milk</p> 	<p>3 <u>School Lunch Hero Day!</u> Pepperoni Calzone Tossed Mix Salad* Grape Tomatoes* Mandarin Oranges* Milk</p> 
<p>6 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Crisp Romaine Salad* Fiesta! Mango Sriracha and Pineapple Juice Cup* Milk</p>  	<p>7 General Tso's Chicken w/ Brown Rice Steamed Broccoli* Celery Sticks* Cherry Applesauce Cup* Milk</p>	<p>8 <u>Brunch for Lunch</u> Mini Pillsbury Pancakes w/ Scrambled Eggs Hash Brown Potato Rounds* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>9 Popcorn Chicken w/ Dinner Roll Cucumber Slices* "Bush's Best" Vegetarian Baked Beans* Fresh Strawberries* Milk</p> 	<p>10 Italian Pasta Bar w/ Garlic Toast (Sauce Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Grape Tomatoes* Hearty Spinach Salad* Diced Pears* Milk</p>
<p>13 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Pineapple Chunks* Milk</p> 	<p>14 Mini Turkey Corn Dogs Potato Smiles* Green Pepper Strips* Mixed Berries* Milk</p>	<p>15 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Refried Beans* Golden Corn* Diced Mangoes* Milk</p>	<p>16 Chicken Patty Sandwich Tender Green Beans* Baby Carrots* Diced Peaches* Milk</p>	<p>17 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Red Pepper Strips* Crisp Romaine Salad* Cinnamon Applesauce Cup* Milk</p>
<p>20 Cincinnati Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Grape Tomatoes* Mandarin Oranges* Milk</p> <p>May Happy Birthday Celebration! Mini Birthday Cake Frozen Yogurt Cup w/ any Meal!</p>  	<p>21 Tony's Personal Pan Cheese Pizza Cucumber Slices* Spring Mix Salad* Fresh Strawberries* Milk</p>	<p>22 <u>Brunch for Lunch</u> French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Rounds* Tossed Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>23 Popcorn Chicken w/ Dinner Roll Golden Corn* Celery Sticks* Diced Pears* Milk</p>	<p>24 <u>Last Day of School!</u> <u>Entrée Offerings Only Include:</u> Pepperoni Calzone OR PB&J Uncrustable Meal Baby Carrots* Crisp Romaine Salad* Cherry & Blue Raspberry Swirl Juice Cup* Milk</p>  
<p>ENJOY YOUR SUMMER!</p> 	<p>A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.</p>		<p><u>Check out Child Nutrition's Interactive Menus!</u> Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p>	

Summer Feeding Programs Available:
 Visit www.mcschildnutrition.com and click on the Summer Meal Program sign on the left hand side.

Additional Entrées Served: Offered Daily:

Large Green or Chef Salad w/ Banana Bread; Yogurt, String Cheese & Banana Bread; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hamburger/Cheeseburger; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers; **Monday, Wednesday, Friday:** Cheese & Beef Pepperoni Pizza; **Tuesday:** Chicken Nuggets w/ Dinner Roll; **Thursday:** Mac & Cheese; **Friday:** Fish Sandwich *Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040
 "This institution is an equal opportunity provider."