

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Western Row Elementary Lunch Menu May 2019



Please say "Thank You" to the Child Nutrition Workers on May 3 for all their hard work!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Price: \$2.70 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.60</p>	<p>Happy Last Month of School! Fridays Only – Scooby Doo Fruit Snacks and Fruit Rollups will be available to purchase for \$0.65!</p>	<p>1 Chicken Tenders w/ Dinner Roll OR Cheese Quesadilla w/ Choice of Sour Cream & Salsa Chipotle Black Beans* Grape Tomatoes* Apple Slices* Milk</p>	<p>2 French Toast Sticks w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>3 School Lunch Hero Day! Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Deli Turkey Sandwich Steamed Peas* Baby Carrots* Chilled Strawberry Cup* Milk</p>
<p>6 Mac & Cheese w/ Dinner Roll OR Deli Turkey & Cheese Sandwich Fresh Broccoli Florets* Cucumber Slices* Fiesta! Mango Sriracha and Pineapple Juice Cup* Milk</p>	<p>7 Tony's Cheese Pizza OR Hamburger or Cheeseburger Celery Sticks* Spring Mix Salad* Kicking Kiwi* Milk</p>	<p>8 Popcorn Chicken w/ Biscuit OR Cheese Quesadilla w/ Choice of Sour Cream & Salsa Refried Beans* Grape Tomatoes* Red Grapes* Milk</p>	<p>9 Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini Waffles w/ Turkey Sausage Links Hash Brown Potato Rounds* Sweet & Juicy Red Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p>10 Mini Turkey Corn Dogs OR Mini Fish Sticks Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</p>
<p>13 Hamburger or Cheeseburger OR Turkey Hot Dog on Bun Crisp Romaine Salad* "Bush's Best" Vegetarian Baked Beans* Mandarin Oranges* Milk</p>	<p>14 Tony's Cheese OR Pork Pepperoni Pizza OR Deli Turkey Sandwich Grape Tomatoes* Cucumber Slices* Pineapple Tidbits* Milk</p>	<p>15 Chicken Tenders w/ Dinner Roll OR Beef & Bean Mexican Burrito w/ Choice of Salsa & Sour Cream* Baby Carrots* Spring Mix Salad* Fresh Watermelon* Milk</p>	<p>16 French Toast Sticks w/ Scrambled Eggs OR Mini Cinnis w/ Scrambled Eggs Hash Brown Potato Rounds* Tossed Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>17 Toasted Cheese Sandwich OR Turkey Corn Dog "Campbell's" Tomato Soup* Tater Tots* Kicking Kiwi* Milk</p>
<p>20 Chicken Nuggets w/ Dinner Roll OR American Sub (Ham, Turkey & Cheese on Sub Bun) Oven Baked French Fries* Grape Tomatoes* Cinnamon Applesauce Cup* Milk May Happy Birthday Celebration. Mini Birthday Cake Frozen Yogurt Cup w/ any Meal!</p>	<p>21 Tony's Cheese Pizza OR Hamburger or Cheeseburger "Bush's Best" Vegetarian Baked Beans* Celery Sticks* Chilled Peach Cup* Milk</p>	<p>22 Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Deli Turkey Sandwich Sweet & Juicy Red Pepper Strips* Cucumber Slices* Mandarin Oranges* Milk</p>	<p>23 Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Egg, Cheese & Turkey Bacon Bosco Stick w/ Turkey Sausage Links Tater Tots* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>24 Last Day of School! Entrée Offerings Only Include: Tony's Personal Pan Cheese Pizza OR PB&J Sandwich Meal Crisp Romaine Salad* Baby Carrots* Cherry & Blue Raspberry Swirl Juice Cup* Milk</p>
<p>ENJOY *YOUR* SUMMER!</p>	<p>A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.</p>		<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p>	



Summer Feeding Programs Available:
 Visit www.mcschildnutrition.com and click on the Summer Meal Program sign on the left hand side.

Additional Entrées Served:

Daily: Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers;
 *Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040
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