












Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Early Childhood Center Lunch Menu May 2019



Please say "Thank You" to the Child Nutrition Workers on May 3 for all their hard work!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Price: \$2.70 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.60</p>	<p>Follow Child Nutrition on Twitter @NutritionMCS!</p> 	<p>1 Popcorn Chicken w/ Dinner Roll Golden Corn* Hearty Spinach Salad* Apple Slices* Milk </p>	<p>2 French Toast Sticks w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>3 School Lunch Hero Day! Mini Turkey Corn Dogs Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</p> 
<p>6 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Celery Sticks* Fiesta! Mango Sriracha and Pineapple Juice Cup* Milk </p> <p>NEW</p>	<p>7 Tony's Cheese Pizza Grape Tomatoes* Spring Mix Salad* Mandarin Oranges* Milk</p>	<p>8 Chicken Nuggets w/ Biscuit "Bush's Best" Vegetarian Baked Beans* Baby Carrots* Red Grapes* Milk</p>	<p>9 Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>10 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Fresh Strawberries* Milk </p>
<p>13 Macaroni & Cheese w/ Dinner Roll Steamed Broccoli Florets* Baby Carrots* Diced Pears* Milk</p>	<p>14 Tony's Cheese OR Pork Pepperoni Pizza Grape Tomatoes* Chipotle Black Beans* Orange Smiles* Milk </p>	<p>15 Popcorn Chicken w/ Biscuit Golden Corn* Sweet & Juicy Red Pepper Strips* Fresh Watermelon* Milk </p>	<p>16 French Toast Sticks w/ Scrambled Eggs OR Mini Cinnis w/ Scrambled Eggs Hash Brown Potato Rounds* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>17 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Tossed Mix Salad* Cucumber Slices* Diced Peaches* Milk</p>
<p>20 Hamburger or Cheeseburger Oven Baked French Fries* Celery Sticks* Mandarin Oranges* Milk </p> <p>May Happy Birthday Celebration! Mini Birthday Cake Frozen Yogurt Cup w/ any Meal!</p> <p>NEW</p>	<p>21 Tony's Cheese Pizza Tender Green Beans* Grape Tomatoes* Cherry Applesauce Cup* Milk</p>	<p>22 Chicken Tenders w/ Dinner Roll "Bush's Best" Vegetarian Baked Beans* Baby Carrots* Red Grapes* Milk </p>	<p>23 Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini French Toast Sticks w/ Turkey Sausage Links Tater Tots* Green Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p>24 Last Day of School! Entrée Offerings Only Include: Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR PB&J Sandwich Meal Cucumber Slices*  Crisp Romaine Salad* Cherry & Blue Raspberry Swirl Juice Cup* Milk</p> <p>NEW</p>
<p>ENJOY YOUR SUMMER!</p>	<p>A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.</p>	<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p>		



Summer Feeding Programs Available:
Visit www.mcschildnutrition.com and click on the Summer Meal Program sign on the left hand side.

Additional Entrées Served Daily:

Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers; Yogurt Meal: Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers; *Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."