

Four easy ways to pay for meals:





1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Middle School Lunch Menu April 2019

Fuel Up with School Breakfast at MM!
Breakfast is available in the cafeteria and a breakfast cart located by the Guidance Office.
Served Daily: 6:55-7:15 AM
Breakfast Meal Price: \$1.80



See Menu On-Line - Breakfast Items Available Ala Carte

Monday	Tuesday	Wednesday	Thursday	Friday
1 Orange Chicken w/ Brown Rice Stir-Fry Vegetables* Green Pepper Strips* Pineapple Chunks* Milk	2 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Golden Corn* "Bush's Best" Taco Fiesta Black Beans* Mixed Fruit* Milk	3 Pepperoni Calzone Tossed Mix Salad* Cucumber Slices* Diced Pears* Milk	4 Boneless Chicken Wings w/ Harvest Cheddar Sun Chips Celery Sticks* Baby Carrots* Kicking Kiwi* Milk	5 Italian Pasta Bar w/ Garlic Breadstick (Sauce Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Crisp Romaine Salad* Grape Tomatoes*  Diced Peaches* Milk Personal Pan Domino's Pizza
8 Bosco Cheese Filled Breadsticks w/ Marinara Sauce "Bush's Best" Vegetarian Baked Beans* Tossed Mix Salad* Mandarin Oranges* Milk	9 General Tso's Chicken w/ Brown Rice Grape Tomatoes* Red Pepper Strips* Pineapple Tidbits* Milk	10 Mac & Cheese w/ Dinner Roll Steamed Broccoli Florets* Cucumbers Slices* Mixed Berries* Milk	11 Popcorn Chicken w/ Biscuit Curly Fries* Spinach Salad* Kiwi* Milk	12 <u>Early Release - Brunch For Lunch</u> French Toast Sticks w/ Scrambled Eggs Hash Brown Potato Rounds* Baby Carrots* 100% Apple or Orange Juice* Milk
15 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots*  Apple Slices* Milk Personal Pan Domino's Pizza	16 Grab & Go Walking Taco w/ Nacho Cheese Doritos & Choice of Salsa & Sour Cream Golden Corn* "Bush's Best" Taco Fiesta Black Beans* Diced Peaches* Milk	17 Mini Turkey Corn Dogs Potato Smiles* Spring Mix Salad* Red Grapes* Milk	18 Chicken Tenders w/ Waffles Grape Tomatoes* Crisp Romaine Salad* Strawberry Mango Juice Cup* Milk	19 NO SCHOOL <div style="border: 1px solid black; padding: 5px; text-align: center;"> Follow Child Nutrition on Twitter @NutritionMCS!  </div>
22 <i>Tyson</i> ® Breaded Chicken Drumstick w/ Dinner Roll Baby Baker Potatoes* Tender Green Beans* Apple Slices* Milk	23 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Golden Corn* Chipotle Black Beans* Diced Pears* Milk	24 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Spinach Salad* Baby Carrots* Mandarin Oranges* Milk	25 Chili Cheese Cones Grape Tomatoes* Cucumber Slices* Tropical Fruit Salad* Milk	26 <u>Early Release - Brunch For Lunch</u> French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple or Orange Juice* Milk
29 Orange Chicken w/ Brown Rice Stir-Fry Vegetables* Green Pepper Strips* Pineapple Chunks* Milk	30 Grab & Go Walking Taco w/ Nacho Cheese Doritos & Choice of Salsa & Sour Cream Golden Corn* "Bush's Best" Taco Fiesta Black Beans* Mixed Fruit* Milk	Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com and click on the menu tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, Ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.		A complete lunch consists of 5 food components- grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.

Additional Entrées Served

Offered Daily: Cheese or Turkey Pepperoni Pizza, Hamburger or Cheeseburger, Chicken Patty Sandwich, Peanut Butter & Jelly Sandwich, Grilled Chicken Salad, Chef Salad, Large Green Salad, Hummus Meal, Turkey & Cheese Sub, Italian Sub

Available on Fridays: Spicy Chicken Patty Sandwich, Fish Sandwich

*Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."

Lunch Price: \$2.70, 2.95
Ala Carte Milk: \$0.55
Ala Carte Bottled Water (8oz): \$0.60