

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Intermediate 56

Lunch Menu

April 2019

**Fuel Up Each Day with A
Healthy Breakfast at MI!**
Breakfast is available in the cafeteria
Cafeteria: 7:45-8:10 AM
Breakfast Meal Price: \$1.80



Monday	Tuesday	Wednesday	Thursday	Friday
1 Mini Turkey Corn Dogs Potato Smiles* Baby Carrots* Apple Slices* Milk	2 Tony's Personal Pan Cheese Pizza Spring Mix Salad* Celery Sticks* Kicking Kiwi* Milk	3 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Chipotle Black Beans* Golden Corn* Red Grapes* Milk	4 Chicken Tenders w/ Biscuit Oven Baked French Fries* Hearty Spinach Salad* Diced Peaches* Milk	5 Pepperoni Calzone Tossed Mix Salad* Grape Tomatoes* Mandarin Oranges* Milk
8 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Crisp Romaine Salad* Applesauce Cup* Milk	9 Orange Chicken w/ Brown Rice Steamed Broccoli* Celery Sticks* Pineapple Chunks* Milk	10 <i>Brunch for Lunch</i> Mini Pillsbury Pancakes w/ Scrambled Eggs Hash Brown Potato Rounds* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk	11 Popcorn Chicken w/ Biscuit Cucumber Slices* "Bush's Best" Vegetarian Baked Beans* Red Grapes* Milk	12 Italian Pasta Bar w/ Garlic Toast (Sauce Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Grape Tomatoes* Green Pepper Strips* Diced Pears* Milk
15 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Pineapple Tidbits* Milk 	16 Turkey Corn Dog Potato Smiles* Crisp Romaine Salad* Bloom! Watermelon Lemonade Juice Cup* Milk	17 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Refried Beans* Golden Corn* Mixed Berries* Milk	18 Chicken Patty Sandwich Tender Green Beans* Baby Carrots* Apple Slices* Milk	19 NO SCHOOL <div style="border: 1px solid black; padding: 5px; display: inline-block;"> Follow Child Nutrition on Twitter @NutritionMCS! </div>
22 General Tso's Chicken w/ Brown Rice Stir Fry Vegetables* Red Pepper Strips* Mandarin Oranges* Milk	23 Cincinnati Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Cucumber Slices* Diced Mangoes* Milk	24 <i>Brunch for Lunch</i> French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Rounds* Tossed Mix Salad* 100% Apple, Orange or Grape Juice* Milk	25 Popcorn Chicken w/ Biscuit Celery Sticks* Baby Carrots* Fresh Strawberries* Milk	26 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Grape Tomatoes* Crisp Romaine Salad* Diced Pears* Milk
29 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Apple Slices* Milk April Happy Birthday Celebration! Mini Ice Cream Chocolate Sundae w/ any Meal	30 Tony's Personal Pan Cheese Pizza Spring Mix Salad* Celery Sticks* Kicking Kiwi* Milk	Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.		A complete lunch consists of 5 food components- grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.

Additional Entrées Served: Offered Daily:

Large Green or Chef Salad w/ Banana Bread; Yogurt, String Cheese & Banana Bread; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hamburger/Cheeseburger; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers;
Monday, Wednesday, Friday: Cheese & Beef Pepperoni Pizza; **Tuesday:** Chicken Nuggets w/ Dinner Roll; **Thursday:** Mac & Cheese; **Friday:** Fish Sandwich

*Additional fruit and vegetable choices are available daily.

Lunch Price: \$2.70
Ala Carte Milk: \$0.55
**Ala Carte Bottled Water
(8oz): \$0.60**

MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."