

**Four easy ways to pay for meals:**

1. Go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

# Mason Early Childhood Center Lunch Menu April 2019

**Fuel Up with School Breakfast at MECC!**  
Pre-K/K-2 Students Welcome  
Served Daily in Cafeteria: 9:00-9:20 AM  
Breakfast Meal Price: \$1.70  
See Menu On-Line



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b> Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Grape Tomatoes* Cinnamon Applesauce Cup* Milk</p>	<p><b>2</b> Tony's Cheese Pizza OR Pork Pepperoni Pizza Celery Sticks* Sweet &amp; Juicy Red Pepper Strips* Mandarin Oranges* Milk</p>	<p><b>3</b> Popcorn Chicken w/ Dinner Roll Golden Corn* Hearty Spinach Salad* Apple Slices* Milk </p>	<p><b>4</b> French Toast Sticks w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>5</b> Mini Turkey Corn Dogs Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk <b>Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</b> </p>
<p><b>8</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Celery Sticks* Diced Peaches* Milk</p>	<p><b>9</b> Tony's Cheese Pizza Grape Tomatoes* Spring Mix Salad* Kiwi Strawberry Juice Cup* Milk</p>	<p><b>10</b> Chicken Nuggets w/ Biscuit "Bush's Best" Vegetarian Baked Beans* Baby Carrots* Red Grapes* Milk</p>	<p><b>11</b> Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>12</b> Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Fresh Strawberries* Milk </p>
<p><b>15</b> Macaroni &amp; Cheese w/ Dinner Roll Steamed Broccoli Florets* Baby Carrots* Diced Pears* Milk</p>	<p><b>16</b> Tony's Cheese OR Pork Pepperoni Pizza Celery Sticks* Chipotle Black Beans* Orange Smiles* Milk </p>	<p><b>17</b> Popcorn Chicken w/ Biscuit Golden Corn* Sweet &amp; Juicy Red Pepper Strips* Apple Slices* Milk</p>	<p><b>18</b> French Toast Sticks w/ Scrambled Eggs OR Mini Cinnis w/ Scrambled Eggs Hash Brown Potato Rounds* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>19 NO SCHOOL</b></p> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> <p><b>Lunch Price: \$2.70</b> <b>Ala Carte Milk: \$0.55</b> <b>Ala Carte Bottled Water (8oz): \$0.60</b></p> </div>
<p><b>22</b> Hamburger or Cheeseburger Oven Baked French Fries* Celery Sticks* Bloom! Watermelon Lemonade Juice Cup* Milk  </p>	<p><b>23</b> Tony's Cheese Pizza Tender Green Beans* Grape Tomatoes* Cherry Applesauce Cup* Milk</p>	<p><b>24</b> Chicken Tenders w/ Dinner Roll "Bush's Best" Vegetarian Baked Beans* Baby Carrots* Red Grapes* Milk </p>	<p><b>25</b> Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini French Toast Sticks w/ Turkey Sausage Links Tater Tots* Green Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>26</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce Cucumber Slices* Crisp Romaine Salad* Mandarin Oranges* Milk</p>
<p><b>29</b> Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Grape Tomatoes* Cinnamon Applesauce Cup* Milk <b>April Happy Birthday Celebration!</b> <b>Mini Ice Cream Chocolate Sundae w/ any Meal</b> </p>	<p><b>30</b> Tony's Cheese Pizza OR Pork Pepperoni Pizza Celery Sticks* Red Pepper Strips* Cubed Pineapple* Milk</p>	<p><b><u>Check out Child Nutrition's Interactive Menus!</u></b> Go to <a href="http://mcschildnutrition.com">mcschildnutrition.com</a> and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p>		<p>A complete lunch consists of 5 food components- grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.</p>

**Additional Entrées Served Daily:**

Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers; Yogurt Meal: Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers; \*Additional fruit and vegetable choices are available daily.

**MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040**  
"This institution is an equal opportunity provider."

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