

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Early Childhood Center

Lunch Menu

March 2019

Fuel Up with School Breakfast at MECC!
Pre-K/K-2 Students Welcome
Served Daily in Cafeteria: 9:00-9:20 AM
Breakfast Meal Price: \$1.70
See Menu On-Line

















Monday

Tuesday

Wednesday

Thursday

Friday

<p>National School Breakfast Week – March 4-8, 2019 # NSBW19 #FUELFORSCHOOL</p>   			 <p>Any student who makes a purchase on Friday, March 1, will have a chance to win a book!</p>		<p>1 Dr. Seuss's Birthday! Chance to win a book with any purchase today! Hamburger or Cheeseburger Potato Smiles* Baby Carrots* Diced Pears* Milk</p>
<p>4 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Spring Mix Salad* Apple Slices* Milk</p> 	<p>5 Tony's Cheese Pizza Hearty Spinach Salad* Celery Sticks* Kicking Kiwi* Milk</p>	<p>6 Chicken Nuggets w/ Biscuit "Bush's Best" Vegetarian Baked Beans* Baby Carrots* Red Grapes* Milk</p> 	<p>7 Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>8 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Blue Raspberry Lemon Juice Cup* Milk</p> 	
<p>11 Macaroni & Cheese w/ Dinner Roll Steamed Broccoli Florets* Baby Carrots* Diced Peaches* Milk</p>	<p>12 Tony's Cheese OR Pork Pepperoni Pizza Celery Sticks* Chipotle Black Beans* Cinnamon Applesauce Cup* Milk</p>	<p>13 Popcorn Chicken w/ Biscuit Golden Corn* Sweet & Juicy Red Pepper Strips* Orange Smiles* Milk</p> 	<p>14 French Toast Sticks w/ Scrambled Eggs OR Mini Cinnis w/ Scrambled Eggs Hash Brown Potato Rounds* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>15 NO SCHOOL Professional Work Day</p> <div style="border: 1px solid black; padding: 5px;"> <p>Lunch Price: \$2.70 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.60</p> </div>	
<p>18 <u>Happy St. Patrick's Day</u>  Shamrock Shaped Chicken Nuggets w/ Dinner Roll Oven Baked French Fries* Celery Sticks* Slushy Lemon Lime Swirl Juice Cup* Milk</p>  	<p>19 Tony's Cheese Pizza Green Beans* Grape Tomatoes* Cherry Applesauce Cup* Milk</p>	<p>20 Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Baby Carrots* Red Grapes* Milk</p>	<p>21 Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini French Toast Sticks w/ Turkey Sausage Links Tater Tots* Green Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p>22 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Cucumber Slices* Crisp Romaine Salad* Mandarin Orange Cups* Milk March Happy Birthday Celebration! Mini Rice Krispies Treats w/ any Meal</p> 	
<p>Have a fun and safe Spring Break March 25-29</p> 	<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p> 		<p>A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.</p>		

Additional Entrées Served Daily:

Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers; Yogurt Meal: Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers; *Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."

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