











Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Middle School Lunch Menu February 2019

Fuel Up with School Breakfast at MM!
Breakfast is available in the cafeteria and a breakfast cart located by the Guidance Office.
Served Daily: 6:55-7:15 AM
Breakfast Meal Price: \$1.80
See Menu On-Line - Breakfast Items Available Ala Carte



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Price: \$2.70, 2.95 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.60</p>	<p> Follow Child Nutrition on Twitter @NutritionMCS! </p> <p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, Ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p>		<p>1 Pepperoni Calzone Crisp Romaine Salad* Grape Tomatoes* Diced Pears* Milk</p>	
<p>4 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Tossed Mix Salad* Mandarin Oranges* Milk</p>	<p>5 Happy Chinese New Year! General Tso's Chicken w/ Brown Rice Celery Sticks* Red Pepper Strips* Pineapple Tidbits* Milk</p> 	<p>6 Early Release - Brunch For Lunch French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Rounds* Spring Mix Salad* 100% Apple or Orange Juice* Milk</p>	<p>7 Popcorn Chicken w/ Biscuit "Bush's Best" Vegetarian Baked Beans* Spinach Salad* Kiwi* Milk</p>	<p>8 Italian Pasta Bar w/ Garlic Breadstick (Sauce Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Crisp Romaine Salad* Grape Tomatoes* Fresh Clementine* Milk</p>  <p>Personal Pan Domino's Pizza</p>
<p>11 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Apple Slices* Milk</p>	<p>12 Grab & Go Walking Taco w/ Nacho Cheese Doritos & Choice of Salsa & Sour Cream Golden Corn* "Bush's Best" Taco Fiesta Black Beans* Diced Peaches* Milk</p>	<p>13 Mac & Cheese w/ Dinner Roll Steamed Broccoli Florets* Cucumbers Slices* Mixed Berries* Milk</p> 	<p>14 Happy Valentine's Day Boneless Chicken Wings w/ Harvest Cheddar Sun Chips Celery Sticks* Baby Carrots* Strawberry Mango Juice Cup* Milk</p>	<p>15 NO SCHOOL Personal Learning Day</p> 
<p>18 NO SCHOOL</p> 	<p>19 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Golden Corn* Chipotle Black Beans* Diced Pears* Milk</p>	<p>20 Mini Turkey Corn Dogs Potato Smiles* Crisp Romaine Salad* Red Grapes* Milk</p>	<p>21 Regular Chicken Tenders w/ Waffles Grape Tomatoes* Cucumber Slices* Tropical Fruit Salad* Milk</p>	<p>22 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Baby Carrots* Mandarin Oranges* Milk</p>
<p>25 <i>Tyson®</i> Breaded Chicken Drumstick w/ Dinner Roll Mashed Potatoes* w/ Gravy Tender Green Beans* Apple Slices* Milk</p>	<p>26 Grab & Go Walking Taco w/ Nacho Cheese Doritos & Choice of Salsa & Sour Cream Golden Corn* Refried Beans* Mixed Berries* Milk</p>	<p>27 French Toast Sticks w/ Scrambled Eggs Hash Brown Potato Rounds* Baby Carrots* 100% Apple or Orange Juice* Milk</p>	<p>28 Chili Cheese Cones Grape Tomatoes* Spinach Salad* Diced Peaches* Milk</p>	<p>A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.</p> 

Additional Entrées Served

Offered Daily: Cheese or Turkey Pepperoni Pizza, Hamburger or Cheeseburger, Chicken Patty Sandwich, Peanut Butter & Jelly Sandwich, Grilled Chicken Salad, Chef Salad, Large Green Salad, Hummus Meal, Turkey & Cheese Sub, Italian Sub

Available on Fridays: Spicy Chicken Patty Sandwich, Fish Sandwich

*Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."