


**Four easy ways to pay for meals:**

1. Go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

# Mason High School Lunch Menu February 2019

**Fuel Up with School Breakfast at HS!**  
**HS Students - Breakfast is available in the Snack Shop**  
**Served Daily: 6:55-7:15 AM**  
**Breakfast Meal Price: \$1.80**  
**See Menu On-Line**  
**Breakfast Items Available Ala Carte**













Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>Lunch Prices:</b>  <b>\$2.70, \$2.95, \$3.50, \$3.70, \$3.95, \$4.50</b>  <b>2<sup>nd</sup> Entrée: \$2.10, \$2.20, &amp; \$2.75</b>  <b>2<sup>nd</sup> Slice Pizza: \$2.75</b>  <b>Ala Carte Milk: \$0.55</b>  <b>Ala Carte Bottled Water (8oz): \$0.60</b></p>	<p> <b>Follow Child Nutrition on Twitter @NutritionMCS!</b> </p> <p><b>Check out Child Nutrition's Interactive Menus!</b>                  Go to <a href="http://mcschildnutrition.com">mcschildnutrition.com</a> and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p>			<p><b>1</b> Honey Sriracha Boneless Chicken Wings w/ Choice of Dipping Sauce &amp; Harvest Cheddar Sun Chips                  Crisp Romaine Salad* Cucumber Slices*                  Choice of 2 Fruits*                  Milk</p>
<p><b>4</b> Toasted Cheese Sandwich                  Campbell's Tomato Soup*                  Tater Tots*                  Choice of 2 Fruits*                  Milk</p>	<p><b>5</b> <b>Happy Chinese New Year!</b>                  Orange Chicken w/                  Brown Rice &amp; Dinner Roll                  Roasted Green Beans*                  Spinach Salad*                  Choice of 2 Fruits*                  Milk</p> 	<p><b>6</b> Chili Cheese Cones                  "Bush's Best"                  Vegetarian Baked Beans*                  Baby Carrots*                  Choice of 2 Fruits*                  Milk</p>	<p><b>7</b> Popcorn Chicken w/ Biscuit                  Golden Corn*                  Spring Mix Salad*                  Choice of 2 Fruits*                  Milk</p>	<p><b>8</b> Italian Pasta Bar w/ Garlic Toast                  (Sauce Choices include:                  Beef Meat Sauce, Meatless Sauce &amp;                  Italian Cheese Sauce &amp; Rosa Sauce)                  Cucumber Slices* Grape Tomatoes*                  Choice of 2 Fruits*                  Milk</p>
<p><b>11</b> Bosco Cheese Filled Breadsticks                  w/ Marinara Sauce                  Steamed Peas*                  Red Pepper Strips*                  Choice of 2 Fruits*                  Milk</p>	<p><b>12</b> Regular Chicken Tenders                  w/ Waffles                  Celery Sticks*                  Baby Carrots*                  Choice of 2 Fruits*                  Milk</p>	<p><b>13</b> Cincinnati Chili &amp; Spaghetti                  Kidney Beans*                  Crisp Romaine Salad*                  Choice of 2 Fruits*                  Milk</p>	<p><b>14</b> <b>Happy Valentine's Day</b>                  Mini Turkey Corn Dogs                  Cucumber Slices*                  Tossed Mix Salad*                  Choice of 2 Fruits*                  Milk</p> 	<p><b>15</b> <b>NO SCHOOL</b>  <b>Personal Learning Day</b></p> 
<p><b>18</b> <b>NO SCHOOL</b></p> 	<p><b>19</b> Korean BBQ Beef w/                  Brown Rice &amp; Dinner Roll                  Roasted Zucchini and Squash*                  Red Pepper Strips*                  Choice of 2 Fruits*                  Milk</p> 	<p><b>20</b> Chili Cheese Cones                  "Bush's Best"                  Vegetarian Baked Beans*                  Cucumber Slices*                  Choice of 2 Fruits*                  Milk</p>	<p><b>21</b> <b>Brunch For Lunch</b>                  French Toast Sticks w/                  Turkey Sausage Links                  Hash Brown Potato Rounds*                  Crisp Romaine Salad*                  Choice of 2 Fruits*                  Milk</p>	<p><b>22</b> Boneless Chicken Wings w/                  Choice of Dipping Sauce &amp;                  Harvest Cheddar Sun Chips                  Tossed Mix Salad*                  Baby Carrots*                  Choice of 2 Fruits*                  Milk</p>
<p><b>25</b> Toasted Cheese Sandwich                  Campbell's Tomato Soup*                  Tater Tots*                  Choice of 2 Fruits*                  Milk</p> 	<p><b>26</b> Sweet Southern BBQ                  Chicken Sandwich                  Savory Sweet Potato Fries*                  Tossed Mix Salad*                  Choice of 2 Fruits*                  Milk</p>	<p><b>27</b> Cincinnati Chili &amp; Spaghetti                  Kidney Beans*                  Spinach Salad*                  Choice of 2 Fruits*                  Milk</p>	<p><b>28</b> Pepperoni Calzone w/                  Marinara Sauce                  Spring Mix Salad*                  Baby Carrots*                  Choice of 2 Fruits*                  Milk</p>	<p>A complete lunch consists of 5 food components—grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 2 fruits and 2 vegetables.</p> 

**Additional Offerings Served:**

**Offered Daily:** Café Feature or South of the Border Tacos, Taco Salad, Walking Tacos (Tuesday Only), Cheese, Pork Pepperoni or Specialty Pizza, Hamburger or Cheeseburger, Grilled, Breaded or Hot & Spicy Chicken Sandwiches, Specialty Salads: Chef, Cobb, and Grilled Chicken Caesar Salad, Deli Subs & Sandwiches, Hummus Meal, Mac & Cheese w/ Dinner Roll, Peanut Butter & Jelly Sandwich, Yogurt Parfait w/ Granola, Deli Turkey & Cheese Wrap;

**Available on Friday:** Fish Sandwich

\*Additional fruit and vegetable choices are available daily.

**MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040**

“This institution is an equal opportunity provider.”