

**Four easy ways to pay for meals:**

1. Go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

# Mason Intermediate 56

## Lunch Menu

### February 2019

**Fuel Up Each Day with A  
Healthy Breakfast at MI!**  
Breakfast is available in the cafeteria  
Cafeteria: 7:45-8:10 AM  
Breakfast Meal Price: \$1.80



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Lunch Price: \$2.70</b> <b>Ala Carte Milk: \$0.55</b> <b>Ala Carte Bottled Water (8oz): \$0.60</b></p>		<p> <b>Follow Child Nutrition on Twitter @NutritionMCS!</b> </p> <p><b>Check out Child Nutrition's Interactive Menus!</b></p> <p>Go to <a href="http://mcschildnutrition.com">mcschildnutrition.com</a> and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, Ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p>		<p><b>1</b> Italian Pasta Bar w/ Garlic Toast (Sauce Choices include: Beef Meat Sauce, Meatless Sauce &amp; Italian Cheese Sauce) Grape Tomatoes* Green Pepper Strips* Diced Pears* Milk</p>
<p><b>4</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Hearty Spinach Salad* Applesauce Cup* Milk</p>	<p><b>5</b> <b>Happy Chinese New Year!</b> Orange Chicken w/ Brown Rice Steamed Broccoli* Celery Sticks* Pineapple Chunks* Milk</p> <p></p>	<p><b>6</b> <b>Brunch for Lunch</b> Mini Pillsbury Pancakes w/ Scrambled Eggs Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>7</b> Popcorn Chicken w/ Biscuit Cucumber Slices* "Bush's Best" Vegetarian Baked Beans* Red Grapes* Milk</p>	<p><b>8</b> Pepperoni Calzone Tossed Mix Salad* Grape Tomatoes* Fresh Clementine* Milk</p> <p></p>
<p><b>11</b> Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Diced Pears* Milk</p> <p></p>	<p><b>12</b> Cincinnati Chili Cheese Dog OR Turkey Hot Dog on Bun Crisp Romaine Salad* Red Pepper Strips* Diced Mangoes* Milk</p>	<p><b>13</b> Taco Salad w/ Baked Tostitos Chips &amp; Choice of Salsa &amp; Sour Cream Refried Beans* Golden Corn* Mixed Berries* Milk</p>	<p><b>14</b> <b>Happy Valentine's Day</b> Heart Shaped Chicken Nuggets w/ Dinner Roll Oven Baked Seasoned French Fries* Tossed Mix Salad* "Be Mine! Bold Cherry Juice Cup* Milk</p> <p></p>	<p><b>15</b> <b>NO SCHOOL</b> <b>Personal Learning Day</b></p> <p></p>
<p><b>18</b> <b>NO SCHOOL</b></p> <p></p>	<p><b>19</b> Cincinnati Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Grape Tomatoes* Apple Slices* Milk</p>	<p><b>20</b> <b>Brunch for Lunch</b> French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Rounds* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>21</b> Chicken Patty Sandwich Golden Corn* Red Pepper Strips* Kicking Kiwi* Milk</p>	<p><b>22</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce Cucumber Slices* Crisp Romaine Salad* Mixed Fruit* Milk</p>
<p><b>25</b> Mini Turkey Corn Dogs Potato Smiles* Baby Carrots* Apple Slices* Milk</p> <p></p> <p><b>Happy Birthday Celebration!</b> <b>Birthday Cake Grahamz w/ any Meal!</b></p>	<p><b>26</b> Tony's Personal Pan Cheese Pizza Spring Mix Salad* Celery Sticks* Strawberry Mango Juice Cup* Milk</p>	<p><b>27</b> Taco Salad w/ Baked Tostitos Chips &amp; Choice of Salsa &amp; Sour Cream Chipotle Black Beans* Golden Corn* Diced Peaches* Milk</p>	<p><b>28</b> Regular Chicken Tenders w/ Biscuit Tender Green Beans* Crisp Romaine Salad* Mandarin Oranges* Milk</p>	<p>A complete lunch consists of 5 food components—grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and vegetables.</p> <p></p>

**Additional Entrées Served: Offered Daily:** Large Green or Chef Salad w/ Banana Bread; Yogurt, String Cheese & Banana Bread; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hamburger/Cheeseburger; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers; **Monday, Wednesday, Friday:** Cheese & Beef Pepperoni Pizza; **Tuesday:** Chicken Nuggets w/ Dinner Roll; **Thursday:** Mac & Cheese; **Friday:** Fish Sandwich

\*Additional fruit and vegetable choices are available daily.

**MCS Office of Child Nutrition 513-336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040**

"This institution is an equal opportunity provider."