

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Early Childhood Center Lunch Menu January 2019

Fuel Up with School Breakfast at MECC!

K-2 Students Welcome

Served Daily in Cafeteria: 9:00-9:20 AM

Breakfast Meal Price: \$1.70

See Menu On-Line



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Price: \$2.70 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.60</p>	<p>A complete lunch consists of 5 food components—grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.</p>		<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the icon next to them and provide nutrition, Ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p>	
<p>7 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Spring Mix Salad* Apple Slices* Milk</p>	<p>8 Tony's Cheese Pizza Baby Carrots* Cucumber Slices* Kicking Kiwi* Milk</p>	<p>9 Chicken Nuggets w/ Biscuit Oven Baked French Fries* Hearty Spinach Salad* Red Grapes* Milk</p>	<p>10 Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Tater Tots* Red Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p>11 Hamburger or Cheeseburger "Bush's Best" Vegetarian Baked Beans* Tossed Mix Salad* Mixed Fruit* Milk</p>
<p>14 Macaroni & Cheese w/ Dinner Roll Steamed Broccoli Florets* Baby Carrots* Diced Peaches* Milk</p>	<p>15 Tony's Cheese OR Pork Pepperoni Pizza Celery Sticks* Chipotle Black Beans* Cinnamon Applesauce Cup* Milk</p>	<p>16 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Kicking Kiwi* Milk </p>	<p>17 French Toast Sticks w/ Scrambled Eggs OR Mini Cinnis w/ Scrambled Eggs Hash Brown Potato Rounds* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>18 Popcorn Chicken w/ Biscuit "Smiley Face" Potatoes* Cucumber Slices* Diced Pears* Milk</p>
<p>21 NO SCHOOL</p>	<p>22 Tony's Cheese Pizza Green Beans* Baby Carrots* Strawberry Mango Juice Cup* Milk</p>	<p>23 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Celery Sticks* Green Pepper Strips* Red Grapes* Milk</p>	<p>24 Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini French Toast Sticks w/ Turkey Sausage Links Tater Tots* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p>	<p>25 Chicken Tenders w/ Biscuit Oven Baked French Fries* Hearty Spinach Salad* Mixed Fruit* Milk</p>
<p>28 Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Grape Tomatoes* Pineapple Tidbits* Milk </p> <p style="text-align: center;">January Happy Birthday Celebration! Mini Rice Krispie Treat w/ any Meal!</p>	<p>29 Tony's Cheese Pizza OR Pork Pepperoni Pizza Cucumber Slices* Sweet & Juicy Red Pepper Strips* Cherry Applesauce Cup* Milk</p>	<p>30 Popcorn Chicken w/ Biscuit Golden Corn* Spring Mix Salad* Orange Smiles* Milk </p>	<p>31 French Toast Sticks w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Hash Brown Potato Rounds* Tossed Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	

Additional Entrées Served:

Daily: Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers; Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers;
 *Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."

