




Four easy ways to pay for meals:


1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason High School Lunch Menu December 2018

Fuel Up with School Breakfast at HS!
HS Students - Breakfast is available in the Snack Shop
Served Daily: 6:55-7:15 AM
Breakfast Meal Price: \$1.80
See Menu On-Line
Breakfast Items Available Ala Carte



Monday	Tuesday	Wednesday	Thursday	Friday
3 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Red Pepper Strips* Choice of 2 Fruits* Milk	4 Popcorn Chicken w/ Biscuit Golden Corn* Cucumber Slices* Choice of 2 Fruits* Milk	5 Cincinnati Chili & Spaghetti Kidney Beans* Spinach Salad* Choice of 2 Fruits* Milk	6 Mini Turkey Corn Dogs Tossed Mix Salad* Baby Carrots* Choice of 2 Fruits* Milk	7 Boneless Chicken Wings w/ Choice of Dipping Sauce & Harvest Cheddar Sun Chips Grape Tomatoes* Celery Sticks* Choice of 2 Fruits* Milk
10 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Choice of 2 Fruits* Milk 	11 General Tso's Chicken w/ Brown Rice & Dinner Roll Steamed Broccoli* Red Pepper Strips* Choice of 2 Fruits* Milk	12 Chili Cheese Cones "Bush's Best" Vegetarian Baked Beans* Cucumber Slices* Choice of 2 Fruits* Milk	13 HOLIDAY MEAL Roast Turkey w/ Biscuit Mashed Potatoes* w/ Gravy Roasted Green Beans* Choice of 2 Fruits* Milk 	14 Pepperoni Calzone w/ Marinara Sauce Spinach Salad* Baby Carrots* Choice of 2 Fruits* Milk
17 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Roasted Seasoned Asparagus* Red Pepper Strips* Choice of 2 Fruits* Milk	18 Sweet Southern BBQ Chicken Sandwich Savory Sweet Potato Fries* Tossed Mix Salad* Choice of 2 Fruits* Milk	19 Cincinnati Chili & Spaghetti Kidney Beans* Spinach Salad* Choice of 2 Fruits* Milk	20 Snack Shop Service: Full Service Breakfast Lunch Service 10:35 AM-11:35 AM No After School Service Final Exams Lunch Service Snack Shop Only	21 Snack Shop Service: Full Service Breakfast Lunch Service 10:35 AM-11:35 AM No After School Service Final Exams Lunch Service Snack Shop Only

Check out Child Nutrition's Interactive Menus!
 Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, Ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.


Enjoy Winter Break!
School resumes January 7, 2019



Lunch Prices:
\$2.70, \$2.95, \$3.50, \$3.70, \$3.95, \$4.50
2nd Entrée: \$2.10, \$2.20, & \$2.75
2nd Slice Pizza: \$2.75
Ala Carte Milk: \$0.55
Ala Carte Bottled Water (8oz): \$0.60

A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 2 fruits and 2 vegetables.

Specialty Pizzas Offered:
Monday: Buffalo Chicken
Tuesday: Turkey Bacon Ranch
Wednesday: Veggie Pizza
Thursday: Buffalo Chicken
Friday: Turkey Bacon Ranch



Additional Offerings Served:

Offered Daily: Café Feature or South of the Border Tacos, Taco Salad, Walking Tacos (Tuesday Only), Cheese, Pork Pepperoni or Specialty Pizza, Hamburger or Cheeseburger, Grilled, Breaded or Hot & Spicy Chicken Sandwiches, Specialty Salads: Chef, Cobb, and Grilled Chicken Caesar Salad, Deli Subs & Sandwiches, Hummus Meal, Mac & Cheese w/ Dinner Roll, Peanut Butter & Jelly Sandwich, Yogurt Parfait w/ Granola, Deli Turkey & Cheese Wrap;

Available on Friday: Fish Sandwich

*Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."