




Four easy ways to pay for meals:


1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Middle School Lunch Menu December 2018

Fuel Up with School Breakfast at MM!
 Breakfast is available in the cafeteria and a breakfast cart located by the Guidance Office.
Served Daily: 6:55-7:15 AM
Breakfast Meal Price: \$1.80
See Menu On-Line - Breakfast Items Available Ala Carte



Monday	Tuesday	Wednesday	Thursday	Friday
3 Toasted Cheese Sandwich “Campbell’s” Tomato Soup* Tater Tots* Apple Slices* Milk	4 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Golden Corn* Refried Beans* Diced Pears* Milk	5 Mac & Cheese w/ Dinner Roll Steamed Broccoli Florets* Grape Tomatoes* Kiwi* Milk	6 Boneless Chicken Wings w/ Harvest Cheddar Sun Chips Celery Sticks* Hearty Spinach Salad* Red Grapes* Milk	7 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Tossed Mix Salad* Mandarin Oranges* Milk
10 General Tso’s Chicken w/ Brown Rice Steamed Stir-Fry Vegetables* Grape Tomatoes* Pineapple Chunks* Milk	11 Grab & Go Walking Taco w/ Nacho Cheese Doritos & Choice of Salsa & Sour Cream Golden Corn* Chipotle Black Beans* Mixed Berries* Milk	12 <u>Early Release - Brunch For Lunch</u> French Toast Sticks w/ Scrambled Eggs Hash Brown Potato Rounds* Baby Carrots* 100% Apple or Orange Juice* Milk	13 Popcorn Chicken w/ Biscuit Tossed Mix Salad* Cucumber Slices* Apple Slices* Milk	14 Italian Pasta Bar w/ Garlic Breadstick (Sauce Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Red Pepper Strips* Hearty Spinach Salad* Diced Mangoes* Milk  Personal Pan Domino’s Pizza
17 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Baby Carrots* Mandarin Oranges* Milk	18 <u>HOLIDAY MEAL</u> Roast Turkey w/ Biscuit Mashed Potatoes* w/ Gravy Tender Green Beans* Slushy Strawberry Kiwi Juice Cup*  Milk	19 Chili Cheese Cones “Bush’s Best” Vegetarian Baked Beans* Hearty Spinach Salad* Diced Peaches* Milk	20 Spicy Chicken Strips w/ Waffles Celery Sticks* Cucumber Slices* Tropical Fruit Salad* Milk	21 Pepperoni Calzone w/ Marinara Sauce Tossed Mix Salad* Grape Tomatoes* Cinnamon Applesauce Cup* Milk

Check out Child Nutrition’s Interactive Menus!
 Go to mcschildnutrition.com and click on the menu tab or the “What’s for Lunch” picture. The interactive menus are identified with the  icon next to them and provide nutrition, Ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.

Enjoy Winter Break!
School resumes January 7, 2019



Lunch Price: \$2.70, 2.95
Ala Carte Milk: \$0.55
Ala Carte Bottled Water (8oz): \$0.60

A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.



Additional Entrées Served
Offered Daily: Cheese or Turkey Pepperoni Pizza, Hamburger or Cheeseburger, Chicken Patty Sandwich, Peanut Butter & Jelly Sandwich, Grilled Chicken Salad, Chef Salad, Large Green Salad, Hummus Meal, Turkey & Cheese Sub, Italian Sub
Available on Fridays: Spicy Chicken Patty Sandwich, Fish Sandwich
 *Additional fruit and vegetable choices are available daily.