








Four easy ways to pay for meals:


1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Early Childhood Center Lunch Menu December 2018

Fuel Up with School Breakfast at MECC!
K-2 Students Welcome
Served Daily in Cafeteria: 9:00-9:20 AM
Breakfast Meal Price: \$1.70
See Menu On-Line



Monday	Tuesday	Wednesday	Thursday	Friday
3 Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Grape Tomatoes* Pineapple Tidbits* Milk 	4 Tony's Cheese OR Pork Pepperoni Pizza Celery Sticks* Baby Carrots* Cinnamon Applesauce Cup* Milk	5 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Kicking Kiwi* Milk 	6 French Toast Sticks w/ Scrambled Eggs OR Mini Cinnis w/ Scrambled Eggs Hash Brown Potato Rounds* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk	7 Popcorn Chicken w/ Biscuit "Smiley Face" Potatoes* Cucumber Slices* Diced Pears* Milk
10 Hamburger or Cheeseburger "Bush's Best" Vegetarian Baked Beans* Tossed Mix Salad* Diced Peaches* Milk	11 Tony's Cheese Pizza Steamed Peas* Green Pepper Strips* Orange Smiles* Milk 	12 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Celery Sticks* Baby Carrots* Red Grapes* Milk	13 Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini French Toast Sticks w/ Turkey Sausage Links Tater Tots* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk	14 Chicken Nuggets w/ Biscuit Oven Baked French Fries* Hearty Spinach Salad* Mixed Fruit* Milk
17 Macaroni & Cheese w/ Dinner Roll Steamed Broccoli Florets* Grape Tomatoes* Apple Slices* Milk   December Happy Birthday Celebration! Mini Rice Krispie Treat w/ any Meal!	18 Tony's Cheese Pizza OR Pork Pepperoni Pizza Chipotle Black Beans* Sweet & Juicy Red Pepper Strips* Mandarin Oranges* Milk	19 Popcorn Chicken w/ Biscuit Golden Corn* Hearty Spinach Salad* Slushy Jolly! Kiwi Strawberry Juice Cup* Milk 	20 French Toast Sticks w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Hash Brown Potato Rounds* Tossed Mix Salad* 100% Apple, Orange or Grape Juice* Milk	21 Mini Turkey Corn Dogs Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk  Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!

Check out Child Nutrition's Interactive Menus!
 Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, Ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.

Enjoy Winter Break!
School resumes January 7, 2019



Lunch Price: \$2.70
Ala Carte Milk: \$0.55
Ala Carte Bottled Water (8oz): \$0.60

A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.



Additional Entrées Served:

Daily: Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers; Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers;
 *Additional fruit and vegetable choices are available daily.