

**Four easy ways to pay for meals:**







1. Go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

# Mason Early Childhood Center Lunch Menu September 2018

**Fuel Up with School Breakfast at MECC!**

**K-2 Students Welcome**  
Served Daily in Cafeteria: 9:00-9:20 AM  
Breakfast Meal Price: \$1.70  
See Menu On-Line



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3 No School – Labor Day</b></p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p><b>Lunch Price: \$2.70</b> <b>Ala Carte Milk: \$0.55</b> <b>Ala Carte Bottled Water (8oz): \$0.60</b></p> </div>	<p><b>4</b> Tony's Cheese OR Pork Pepperoni Pizza Grape Tomatoes* Baby Carrots* Cinnamon Applesauce Cup* Milk</p>	<p><b>5</b> Popcorn Chicken w/ Biscuit "Smiley Face" Potatoes* Crisp Romaine Lettuce* Kicking Kiwi* Milk</p>	<p><b>6</b> French Toast Sticks w/ Scrambled Eggs OR Mini Cinnis w/ Scrambled Eggs Hash Brown Potato Rounds* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>7</b> Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Diced Pears* Milk</p>
<p><b>10</b> Hamburger or Cheeseburger "Bush's Best" Vegetarian Baked Beans* Tossed Mix Salad* Diced Peaches* Milk</p>	<p><b>11</b> Tony's Cheese Pizza Cucumber Slices* Green Pepper Strips* Slushy Blue Raspberry Lemon Juice Cup* Milk</p>	<p><b>12</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce Hearty Spinach Salad* Baby Carrots* Red Grapes* Milk</p> 	<p><b>13</b> Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini French Toast Sticks w/ Turkey Sausage Links Tater Tots* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p> 	<p><b>14</b> Chicken Nuggets w/ Biscuit Oven Baked French Fries* Crisp Romaine Salad* Apple Slices* Milk</p>
<p><b>17</b> Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Grape Tomatoes* Pineapple Tidbits* Milk</p>	<p><b>18</b> Tony's Cheese Pizza OR Pork Pepperoni Pizza Celery Sticks* Sweet &amp; Juicy Red Pepper Strips* Mandarin Oranges* Milk</p>	<p><b>19</b> Popcorn Chicken w/ Biscuit Golden Corn* Hearty Spinach Salad* Mixed Fruit* Milk</p>	<p><b>20</b> French Toast Sticks w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>21</b> Mini Turkey Corn Dogs Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk</p>  <p><b>Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</b></p>
<p><b>24</b> Macaroni &amp; Cheese w/ Dinner Roll Steamed Broccoli Florets* Tossed Mix Salad* Chilled Strawberry Cup* Milk</p>  <p><b>September Happy Birthday Celebration!</b> <b>Mini Rice Krispie Treat w/ any Meal!</b></p> 	<p><b>25</b> Tony's Cheese Pizza Steamed Carrot Coins* Crunchy Cucumber Slices* Orange Smiles* Milk</p> 	<p><b>26</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Spring Mix Salad* Mixed Berries* Milk</p>	<p><b>27</b> Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Tater Tots* Sweet &amp; Juicy Red Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>28</b> Hamburger or Cheeseburger "Bush's Best" Vegetarian Baked Beans* Crisp Romaine Salad* Apple Slices* Milk</p>


**Additional Entrées Served:**

- Daily:** Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers;  
Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers;  
Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers;  
Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers;  
\*Additional fruit and vegetable choices are available daily.



A complete lunch consists of 5 food components—grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.

**Check out Child Nutrition's Interactive Menus!**

Go to [mcschildnutrition.com](http://mcschildnutrition.com) and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.