


**Four easy ways to pay for meals:**

1. Go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

# Mason Middle School Lunch Menu September 2018



**Fuel Up with School Breakfast at MM!**  
**Breakfast is available in the cafeteria and a breakfast cart located by the Guidance Office.**  
**Served Daily: 6:55-7:15 AM**  
**Breakfast Meal Price: \$1.80**  
**See Menu On-Line - Breakfast Items Available Ala Carte**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3 No School – Labor Day</b></p> <div style="border: 1px solid black; padding: 5px; margin: 5px 0;"> <p><b>Lunch Price: \$2.70, 2.95</b>  <b>Ala Carte Milk: \$0.55</b>  <b>Ala Carte Bottled Water (8oz): \$0.60</b></p> </div>	<p><b>4</b> Taco Salad w/ Baked Tostitos Chips &amp; Choice of Salsa &amp; Sour Cream Golden Corn* Refried Beans* Apple Slices* Milk</p>	<p><b>5</b> Mac &amp; Cheese w/ Dinner Roll Steamed Broccoli Florets* Grape Tomatoes* Diced Peaches* Milk</p>	<p><b>6</b> Boneless Chicken Wings w/ Harvest Cheddar Sun Chips Celery Sticks* Crisp Romaine Salad* Kicking Kiwi* Milk</p>	<p><b>7</b> Mini Turkey Corn Dogs Potato Smiles* Baby Carrots* Diced Mangoes* Milk</p>
<p><b>10</b> Toasted Cheese Sandwich “Campbell’s” Tomato Soup* Tater Tots* Diced Pears* Milk</p>	<p><b>11</b> Grab &amp; Go Walking Taco w/ Nacho Cheese Doritos &amp; Choice of Salsa &amp; Sour Cream Golden Corn* Chipotle Black Beans* Red Grapes* Milk</p>	<p><b>12</b> <b>Early Release Brunch For Lunch</b> French Toast Sticks w/ Scrambled Eggs Hash Brown Potato Rounds* Spring Mix Salad* 100% Apple or Orange Juice* Milk</p>	<p><b>13</b> Popcorn Chicken w/ Biscuit Curly Fries* Cucumber Slices* Apple Slices* Milk</p>	<p><b>14</b> Italian Pasta Bar w/ Garlic Breadstick (Sauce Choices include: Beef Meat Sauce, Meatless Sauce &amp; Italian Cheese Sauce) Red Pepper Strips* Crisp Romaine Salad* Diced Mangoes* Milk</p> <p><b>SMART Slices</b></p> <p><b>Personal Pan Domino’s Pizza</b></p>
<p><b>17</b> General Tso Chicken w/ Brown Rice Steamed Broccoli Florets* Green Pepper Strips* Pineapple Chunks* Milk</p>	<p><b>18</b> Taco Salad w/ Baked Tostitos Chips &amp; Choice of Salsa &amp; Sour Cream Golden Corn* “Bush’s Best” Taco Fiesta Black Beans* Red Grapes* Milk</p>	<p><b>19</b> Chili Cheese Conneys “Bush’s Best” Vegetarian Baked Beans* Baby Carrots* Mixed Fruit* Milk</p>	<p><b>20</b> Spicy Chicken Fingers w/ Waffles Red Pepper Strips* Cucumber Slices* Tropical Fruit Salad* Milk</p>	<p><b>21</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce Crisp Romaine Lettuce* Grape Tomatoes* Mandarin Oranges* Milk</p>
<p><b>24</b> <i>Tyson</i>®  Breaded Chicken Drumstick w/ Dinner Roll Mashed Potatoes* w/ Gravy Tender Green Beans* Chilled Strawberry Cup* Milk</p>	<p><b>25</b> Grab &amp; Go Walking Taco w/ Nacho Cheese Doritos &amp; Choice of Salsa &amp; Sour Cream Refried Beans* Golden Corn* Apple Slices* Milk</p>	<p><b>26</b> <b>Early Release Brunch For Lunch</b> French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Rounds* Spring Mix Salad* 100% Apple or Orange Juice* Milk</p>	<p><b>27</b> Popcorn Chicken w/ Biscuit Crisp Romaine Salad* Grape Tomatoes* Mandarin Oranges* Milk</p>	<p><b>28</b> Pepperoni Calzone Tossed Mix Salad* Baby Carrots* Diced Pears* Milk</p>

**Additional Entrées Served**

**Offered Daily:** Cheese or Turkey Pepperoni Pizza, Hamburger or Cheeseburger, Chicken Patty Sandwich, Peanut Butter & Jelly Sandwich, Grilled Chicken Salad, Chef Salad, Large Green Salad, Hummus Meal, Turkey & Cheese Sub, Italian Sub

**Available on Fridays:** Spicy Chicken Patty Sandwich, Fish Sandwich


\*Additional fruit and vegetable choices are available daily.

**MCS Office of Child Nutrition 336-6526 Located at Mason Central:211 North East St. Mason, OH 45040**

“This institution is an equal opportunity provider.”

A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.

**Check out Child Nutrition’s Interactive Menus!**

Go to [mcschildnutrition.com](http://mcschildnutrition.com) and click on the menus tab or the “What’s for Lunch” picture. The interactive menus are identified with the  icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.