

Mason Middle Kitchen is Under Construction

Only the following entrees will be available the first week of school:








Café Feature, Peanut Butter & Jelly Sandwich, Hamburger, Cheeseburger, Large Green Salad



**Mason Middle School
Lunch Menu
August 2018**

Fuel Up with School Breakfast at MM!
 Breakfast is available in the cafeteria and a breakfast cart located by the Guidance Office.
 Served Daily: 6:55-7:15 AM
 Breakfast Meal Price: \$1.80
 See Menu On-Line - Breakfast Items Available Ala Carte




Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Price: \$2.70, \$2.95 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8 oz): \$0.60</p>	<p>14 Personal Pan Domino's Pizza (Available in Cheese & Pepperoni) Grape Tomatoes* Tossed Mix Salad* Orange Smiles* Milk</p>  	<p>15 Chicken Patty Sandwich Crunchy Cucumber Slices* Crisp Romaine Salad* Chilled Peach Cup* Milk</p> 	<p>16 Turkey Hot Dog "Bush's Best" Vegetarian Baked Beans* Baby Carrots* Mixed Fruit* Milk</p> 	<p>17 Pepperoni Calzone Celery Sticks* Red Pepper Strips* Diced Mangoes* Milk</p> 
<p>20 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Diced Peaches* Milk</p>	<p>21 <u>Taco Tuesday</u> Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Golden Corn* Chipotle Black Beans* Red Grapes* Milk</p>	<p>22 <u>Early Release</u> Mini Turkey Corn Dogs Potato Smiles* Hearty Spinach Salad* Apple Slices* Milk</p>	<p>23 Original Chicken Fingers w/ Dinner Roll Red Pepper Strips* Cucumber Slices* Tropical Fruit Salad* Milk</p>	<p>24 Italian Pasta Bar w/ Garlic Breadstick (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Crisp Romaine Lettuce* Baby Carrots* Mandarin Oranges* Milk</p>  <p>Personal Pan Domino's Pizza</p>
<p>27 <i>Tyson</i> Breaded Chicken Drumstick w/ Dinner Roll Mashed Potatoes* w/ Gravy Tender Green Beans* Chilled Strawberry Cup* Milk</p> 	<p>28 <u>Taco Tuesday</u> Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Golden Corn* "Bush's Best" Taco Fiesta Black Beans* Apple Slices* Milk</p>	<p>29 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Tossed Mix Salad* Baby Carrots* Pineapple Chunks* Milk</p>	<p>30 <u>Brunch For Lunch</u> French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Triangles* Spring Mix Salad* 100% Apple or Orange Juice* Milk</p>	<p>31 Popcorn Chicken w/ Biscuit Curly Fries* Grape Tomatoes* Mandarin Oranges* Milk</p>

A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.



Check out Child Nutrition's Interactive Menus!

Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.

Additional Entrées Served – Starting August 20th

Offered Daily: Cheese or Turkey Pepperoni Pizza, Hamburger or Cheeseburger, Chicken Patty Sandwich, Peanut Butter & Jelly Sandwich, Grilled Chicken Salad, Chef Salad, Large Green Salad, Hummus Meal, Turkey & Cheese Sub, Italian Sub

Also Available on Fridays: Spicy Chicken Patty Sandwich, Fish Sandwich

*Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."

