

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.









Mason Intermediate 56

Lunch Menu

August 2018

Fuel Up with School Breakfast at MI!
All Students Welcome
Served Daily in Cafeteria: 7:45-8:10 AM
Breakfast Meal Price: \$1.80
See Menu On-Line



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Price: \$2.70 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.60</p>	<p>14 Cincinnati Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Grape Tomatoes* Pineapple Chunks* Milk</p>	<p>15 Brunch for Lunch Mini Pillsbury Pancakes w/ Scrambled Eggs Hash Brown Potato Rounds* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>16 Orange Chicken w/ Brown Rice Steamed Broccoli Florets* Sweet & Juicy Red Pepper Strips* Red Grapes* Milk </p>	<p>17 Pepperoni Calzone Crunchy Cucumber Slices* Tossed Mix Salad* Mandarin Oranges* Milk</p>
<p>20 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Diced Pears* Milk</p> 	<p>21 Tony's Personal Pan Cheese Pizza Spring Mix Salad* Baby Carrots* Red Delicious Apple* Milk</p>	<p>22 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Chipotle Black Beans* Golden Corn* Kicking Kiwi* Milk</p> 	<p>23 Chicken Strips w/ Biscuit Oven Baked Seasoned Fries* Crunchy Cucumber Slices* Diced Peaches* Milk</p>	<p>24 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Grape Tomatoes* Crisp Romaine Salad* Mixed Fruit* Milk</p> 
<p>27 Teriyaki Chicken w/ Brown Rice Steamed Broccoli Florets* Tossed Mix Salad* Mandarin Oranges* Milk </p> <p>August Happy Birthday Celebration! Mini Rice Krispie Treat w/ any Meal!</p> 	<p>28 Cincinnati Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Sweet & Juicy Red Pepper Strips* Diced Mangoes* Milk</p>	<p>29 Brunch for Lunch Mini Pillsbury Pancakes w/ Scrambled Eggs Hash Brown Potato Rounds* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p>	<p>30 Popcorn Chicken w/ Biscuit Curly Fries* Crunchy Cucumber Slices* Red Grapes* Milk</p> 	<p>31 Italian Pasta Bar w/ Garlic Breadstick (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Hearty Spinach Salad* Baby Carrots* Apple Slices* Milk</p>
<p>A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.</p>			<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.</p>	



Additional Entrées Served:

Offered Daily: Large Green or Chef Salad w/ Banana Bread; Yogurt, String Cheese & Banana Bread; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hamburger/Cheeseburger; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers;

Monday, Wednesday, Friday: Cheese & Beef Pepperoni Pizza;

Tuesday: Chicken Nuggets w/ Biscuit; **Thursday:** Mac & Cheese; **Friday:** Fish Sandwich

*Additional fruit and vegetable choices are available daily.



MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."