

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Early Childhood Center Lunch Menu August 2018

Fuel Up with School Breakfast at MECC!








K-2 Students Welcome

Served Daily in Cafeteria: 9:00-9:20 AM

Breakfast Meal Price: \$1.70

See Menu On-Line




Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Price: \$2.70 </p> <p>Ala Carte Milk: \$0.55</p> <p>Ala Carte Bottled Water (8oz): \$0.60</p>	<p>14 Tony's Cheese Pizza "Bush's Best" Vegetarian Baked Beans* Green Pepper Strips* Slushy Strawberry Kiwi Juice Cup* Milk</p>	<p>15 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Hearty Spinach Salad* Baby Carrots* Red Grapes* Milk</p> 	<p>16 Mini Pillsbury Pancakes w/ Turkey Sausage Links Tater Tots* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p> 	<p>17 Chicken Nuggets w/ Biscuit Oven Baked French Fries* Crisp Romaine Salad* Apple Slices* Milk</p>
<p>20 Macaroni & Cheese w/ Dinner Roll Steamed Broccoli Florets* Tossed Mix Salad* Chilled Strawberry Cup* Milk</p>	<p>21 Tony's Cheese Pizza OR Pork Pepperoni Pizza Chipotle Black Beans* Sweet & Juicy Red Pepper Strips* Mandarin Oranges* Milk</p>	<p>22 Popcorn Chicken w/ Biscuit Golden Corn* Hearty Spinach Salad* Diced Peaches* Milk</p>	<p>23 French Toast Sticks w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Hash Brown Potato Rounds* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>24 "Mini Day" Mini Turkey Corn Dogs Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk</p>  <p>Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</p>
<p>27 Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Grape Tomatoes* Pineapple Tidbits* Milk</p>   <p>August Happy Birthday Celebration! Mini Rice Krispie Treat w/ any Meal!</p>	<p>28 Tony's Cheese Pizza Steamed Carrot Coins* Crunchy Cucumber Slices* Orange Smiles* Milk</p> 	<p>29 Chicken Fingers w/ Biscuit "Smiley Face" Potatoes* Spring Mix Salad* Mixed Berries* Milk</p>	<p>30 Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Tater Tots* Sweet & Juicy Red Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p>31 Hamburger or Cheeseburger Celery Sticks* Crisp Romaine Salad* Apple Slices* Milk</p>

A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.



Check out Child Nutrition's Interactive Menus!

Go to mcschildnutrition.com and click on the menus tab or the "What's for Lunch" picture. The interactive menus are identified with the  icon next to them and provide nutrition, ingredient, and allergy information. To select menus from over 100 languages, click the translate tab on the top bar.

Additional Entrées Served:

Daily: Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers; Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers; Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers;

*Additional fruit and vegetable choices are available daily.



MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."