

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason High School Lunch Menu August 2018

Fuel Up with School Breakfast at HS!
HS Students - Breakfast is available in the Snack Shop
Served Daily: 6:55-7:20 AM
Breakfast Meal Price: \$1.80
See Menu On-Line
Breakfast Items Available Ala Carte



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch Prices: \$2.70, \$3.50 \$3.70 & \$4.50 2nd Entrée: \$2.10, \$2.75 2nd Slice Pizza: \$2.75 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.55</p>	<p>14 Orange Chicken w/ Brown Rice & Dinner Roll Stir-Fry Vegetables* Cucumber Slices* Choice of 2 Fruits* Milk</p>	<p>15 Chili Cheese Coney "Bush's Best" Vegetarian Baked Beans* Hearty Spinach Salad* Choice of 2 Fruits* Milk </p>	<p>16 Popcorn Chicken w/ Biscuit Roasted Green Beans* Baby Carrots* Choice of 2 Fruits* Milk</p>	<p>17 Italian Pasta Bar w/ Garlic Texas Toast (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Romaine Lettuce* Grape Tomatoes* Choice of 2 Fruits* Milk</p>
<p>20 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Red Pepper Strips* Choice of 2 Fruits* Milk</p>	<p>21 Sweet Southern BBQ Chicken Sandwich Savory Sweet Potato Fries* Spring Mix Salad* Choice of 2 Fruits* Milk</p>	<p>22 Cincinnati Chili & Spaghetti Kidney Beans* Crisp Romaine Salad* Choice of 2 Fruits* Milk</p>	<p>23 Mini Turkey Corn Dogs Tossed Mix Salad* Cucumber Slices* Choice of 2 Fruits* Milk</p>	<p>24 Boneless Chicken Wings w/ Choice of Dipping Sauce & Harvest Cheddar Sun Chips Grape Tomatoes* Celery Sticks* Choice of 2 Fruits* Milk</p>
<p>27 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Choice of 2 Fruits* Milk </p>	<p>28 Spicy Chicken Strips w/ Biscuit Golden Corn* Hearty Spinach Salad* Choice of 2 Fruits* Milk</p>	<p>29 Chili Cheese Coney "Bush's Best" Vegetarian Baked Beans* Green Pepper Strips* Choice of 2 Fruits* Milk </p>	<p>30 Teriyaki Chicken w/ Brown Rice & Dinner Roll Steamed Broccoli Florets* Grape Tomatoes* Choice of 2 Fruits* Milk</p>	<p>31 Pepperoni Calzone Tossed Mix Salad* Baby Carrots* Choice of 2 Fruits* Milk</p>

A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 2 fruits and/or 2 vegetables.



Check out Child Nutrition's Interactive Menus!

Go to mcschildnutrition.com OR masonohioschools.com, click on 'Departments' then 'Child Nutrition.'

The interactive menus are identified with the icon next to them.

Additional Offerings Served:

Offered Daily: Café Feature or South of the Border Tacos, Nachos w/ Cheese and/or Beef Taco Meat, Taco Salad, Cheese, Pork Pepperoni or Specialty Pizza, Hamburger or Cheeseburger, Grilled, Breaded or Hot & Spicy Chicken Sandwiches, Specialty Salads: Chef, Cobb, and Grilled Chicken Caesar Salad, Deli Subs & Sandwiches, Hummus Meal, Mac & Cheese w/ Dinner Roll, Peanut Butter & Jelly Sandwich, Yogurt Parfait w/ Granola, Deli Turkey & Cheese Wrap;

Available on Fridays: Fish Sandwich

*Additional fruit and vegetable choices are available daily.

Specialty Pizzas Offered:

Monday: Buffalo Chicken
Tuesday: Turkey Bacon Ranch
Wednesday: Meat Lovers
Thursday: Buffalo Chicken
Friday: Turkey Bacon Ranch