




The Lunch Phone System (LPS) (229-FOOD) & MyPaymentsPlus ([www.mypaymentsplus.com](http://www.mypaymentsplus.com)) will close for summer upgrades beginning Friday, May 25. MyPaymentsPlus & LPS will reopen on Wednesday, August 1. Monies remaining on student lunch accounts will be available for SY 2018-2019. Students' first day of school is Tuesday, August 14, 2018.

## Mason High School Lunch Menu May 2018



Please say "Thank You" to the Child Nutrition Workers on May 4 for all their hard work!

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Lunch Prices:</b>  <b>\$2.70, \$3.50 \$3.70 &amp; \$4.50</b>  <b>2<sup>nd</sup> Entrée: \$2.10, \$2.75</b>  <b>2<sup>nd</sup> Slice Pizza: \$2.75</b>  <b>Ala Carte Milk: \$0.55</b>  <b>Ala Carte Bottled Water (8oz): \$0.55</b></p>	<p><b>1</b> Regular Chicken Strips w/ Biscuit            Golden Corn*            Hearty Spinach Salad*            Choice of 2 Fruits*            Milk</p>	<p><b>2</b> Cincinnati Chili &amp; Spaghetti Bar            Kidney Beans*            Baby Carrots*            Choice of 2 Fruits*            Milk</p>	<p><b>3</b> Mini Turkey Corn Dogs            Tossed Mix Salad*            Grape Tomatoes*            Choice of 2 Fruits*            Milk</p>	<p><b>4</b> <b>School Lunch Hero Day!</b>            Boneless Chicken Wings w/ Choice of Dipping Sauce &amp; Harvest Cheddar Sun Chips              Crisp Romaine Salad*            Celery Sticks*            Choice of 2 Fruits*            Milk</p>
<p><b>7</b> Toasted Cheese Sandwich            Campbell's Tomato Soup*            Tater Tots*            Choice of 2 Fruits*            Milk</p>	<p><b>8</b> Chicken Patty Sandwich            Roasted Seasoned Green Beans*            Cucumber Slices*            Choice of 2 Fruits*            Milk</p>	<p><b>9</b> Cheese Coney Bar            "Bush's Best" Vegetarian Baked Beans*            Red Pepper Strips*            Choice of 2 Fruits*            Milk</p>	<p><b>10</b> <b>Brunch for Lunch</b>            French Toast Sticks w/ Turkey Sausage Links            Hash Brown Potato Triangles*            Tossed Mix Salad*            Choice of 2 Fruits*            Milk</p>	<p><b>11</b> Italian Pasta Bar w/ Garlic Breadstick            (Choices include: Beef Meat Sauce, Meatless Sauce &amp; Italian Cheese Sauce)            Crisp Romaine Salad*            Baby Carrots*            Choice of 2 Fruits*            Milk</p>
<p><b>14</b> Pepperoni Calzone            Roasted Seasoned Asparagus*            Grape Tomatoes*            Choice of 2 Fruits*            Milk</p> <p><b>Menu Change</b></p>	<p><b>15</b> Sweet Southern BBQ Chicken Sandwich            Savory Sweet Potato Fries*            Spring Mix Salad*            Choice of 2 Fruits*            Milk</p>	<p><b>16</b> Cincinnati Chili &amp; Spaghetti Bar            Kidney Beans*            Baby Carrots*            Choice of 2 Fruits*            Milk</p>	<p><b>17</b> Orange Chicken w/ Brown Rice &amp; Dinner Roll            Stir-Fry Vegetables*            Cucumber Slices*            Choice of 2 Fruits*            Milk</p>	<p><b>18</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce            Crisp Romaine Salad*            Red Pepper Strips*            Choice of 2 Fruits*            Milk</p> <p><b>Menu Change</b></p>
<p><b>21</b> Toasted Cheese Sandwich            Campbell's Tomato Soup*            Tater Tots*            Choice of 2 Fruits*            Milk</p>	<p><b>22</b> Popcorn Chicken w/ Biscuit            Golden Corn*            Baby Carrots*            Choice of 2 Fruits*            Milk</p>	<p><b>23</b> Cheese Coney Bar            "Bush's Best" Vegetarian Baked Beans*            Hearty Spinach Salad*            Choice of 2 Fruits*            Milk</p>	<p><b>24</b> <b>Snack Shop Service:</b>            Full Service Breakfast            Lunch Service 10:35AM-11:35AM            No After School Service</p> <p><b>Final Exams Lunch Service</b>            Snack Shop Only</p>	<p><b>25</b> <b>Snack Shop Service:</b>            Full Service Breakfast            Lunch Service 10:35AM-11:35AM            No After School Service</p> <p><b>Final Exams Lunch Service</b>            Snack Shop Only</p>
	<p>A complete lunch consists of 5 food components: grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 2 fruits and/or 2 vegetables.</p>		<p><b>Check out Child Nutrition's Interactive Menus!</b>            Go to <a href="http://mcschildnutrition.com">mcschildnutrition.com</a> OR <a href="http://masonohisochools.com">masonohisochools.com</a>, click on 'Departments' then 'Child Nutrition.'</p> <p>The interactive menus are identified with the  icon next to them.</p>	

**Additional Offerings Include: Offered Daily:** Café Feature or South of the Border Tacos, Nachos w/ Cheese and/or Beef Taco Meat, Taco Salad, Cheese, Pork Pepperoni or Specialty Pizza, Hamburger or Cheeseburger, Grilled, Breaded or Hot & Spicy Chicken Sandwiches, Specialty Salads: Chef, Cobb, Greek Grilled Chicken Salad and NEW this year Grilled Chicken Caesar Salad, Deli Subs & Sandwiches, Hummus Meal, Mac & Cheese w/ Toppings, Peanut Butter & Jelly Sandwich, Yogurt Parfait w/ Granola, Deli Turkey & Cheese Wrap;

**Available on Fridays:** Fish Sandwich

\*Additional fruit and vegetable choices are available daily.

**Summer Feeding Programs Available:**  
 Visit [www.mcschildnutrition.com](http://www.mcschildnutrition.com) and click on the Summer Meal Program sign on the left hand side.



MCS Office of Child Nutrition

336-6526

Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."