

**Four easy ways to pay for meals:**

1. Go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

# Mason Middle School Lunch Menu April 2018

**Fuel Up Each Day with A Healthy Breakfast at MM!**  
Breakfast is available in the cafeteria and from a breakfast cart located by the 300 wing where the buses unload.

Cafeteria: 6:55-7:20 AM  
Breakfast Cart 7:00-7:20 AM

Breakfast Meal Price: \$1.80

Breakfast Items Available Ala Carte



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2 NO SCHOOL</b></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Lunch Price: \$2.70, \$2.95</b> <b>Ala Carte Milk: \$0.55</b> <b>Ala Carte Bottled Water (8 oz): \$0.55</b></p> </div>	<p><b>3</b> Pepperoni Calzone Celery Sticks* Grape Tomatoes* Mixed Fruit* Milk</p>	<p><b>4</b> Mini Turkey Corn Dogs Potato Smiles* Baby Carrots* Granny Smith Apple* Milk</p>	<p><b>5</b> Boneless Chicken Wings w/ Biscuit Celery Sticks* Cucumber Slices* Kicking Kiwi* Milk</p>	<p><b>6</b> Italian Pasta Bar w/ Garlic Breadstick (Choices include: Beef Meat Sauce, Meatless Sauce &amp; Italian Cheese Sauce) Tossed Mix Salad* Grape Tomatoes* Mandarin Oranges* Milk</p> <p style="text-align: center;"> <b>Personal Pan Domino's Pizza</b></p>
<p><b>9</b> General Tso's Chicken w/ Brown Rice Stir-Fry Vegetables* Baby Carrots* Applesauce Cup* Milk</p>	<p><b>10</b> Taco Salad w/ Baked Tostitos Chips &amp; Choice of Salsa &amp; Sour Cream Golden Corn* Chipotle Black Beans* Orange Smiles* Milk</p>	<p><b>11</b> Cincinnati Chili Cheese Dog "Bush's Best" Vegetarian Baked Beans* Hearty Spinach Salad* Tropical Fruit Salad* Milk</p>	<p><b>12</b> Spicy Chicken Fingers w/ Dinner Roll Cucumber Slices* Grape Tomatoes* Diced Pears* Milk</p>	<p><b>13</b> Mac &amp; Cheese w/ Dinner Roll Steamed Broccoli Florets* Red Pepper Strips* Mixed Berries* Milk</p>
<p><b>16</b> <i>Tyson</i>  Breaded Chicken Drumstick w/ Dinner Roll Mashed Potatoes* w/ Gravy Tender Green Beans* Apple Slices* Milk</p>	<p><b>17</b> Mini Turkey Corn Dogs "Bush's Best" Vegetarian Baked Beans* Crisp Romaine Salad* Chilled Strawberry Cup* Milk</p>	<p><b>18</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Baby Carrots* Pineapple Chunks* Milk</p>	<p><b>19</b> <u><b>Brunch For Lunch- Early Release</b></u> French Toast Sticks w/ Scrambled Eggs Hash Brown Potato Triangles* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>20</b> Italian Pasta Bar w/ Garlic Breadstick (Choices include: Beef Meat Sauce, Meatless Sauce &amp; Italian Cheese Sauce) Tossed Mix Salad* Grape Tomatoes* Mandarin Oranges* Milk</p> <p style="text-align: center;"><b>Buffalo Chicken &amp; Cheese Pizza No Pepperoni Pizza will be Offered</b></p>
<p><b>23</b> Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Diced Peaches* Milk</p>	<p><b>24</b> Taco Salad w/ Baked Tostitos Chips &amp; Choice of Salsa &amp; Sour Cream Golden Corn* Refried Beans* Orange Smiles* Milk</p>	<p><b>25</b> Cincinnati Chili Cheese Dog "Bush's Best" Vegetarian Baked Beans* Red Pepper Strips* Diced Mangoes* Milk</p>	<p><b>26</b> Popcorn Chicken w/ Biscuit Curly Fries* Cucumber Slices* Fresh Strawberries* Milk</p>	<p><b>27</b> <i>Made to Order Burrito &amp; Bowl Bar</i> Fajita Seasoned Chicken, Beef, Pork, and/or Black Beans, Fiesta Corn, Cilantro Lime Rice &amp; Shredded Cheese Grape Tomatoes* Crisp Romaine Salad* Diced Pears* Milk</p>
<p><b>30</b> Teriyaki Chicken w/ Brown Rice Steamed Broccoli Florets* Baby Carrots* Apple Slices* Milk</p>	<p>A complete lunch consists of 5 food components: grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and/or vegetables.</p>		<p><b>Check out Child Nutrition's Interactive Menus!</b> Go to <a href="http://mcschildnutrition.com">mcschildnutrition.com</a> OR <a href="http://masonohschools.com">masonohschools.com</a>, click on 'Departments' then 'Child Nutrition.'</p> <p>The interactive menus are identified with the  icon next to them.</p>	

**Offered Daily:** Crispy Shell and/or Flour Tortilla Tacos, Nachos w/ Cheese and/or Taco Meat, Hot Pretzel w/ Cheese, Cheese or Turkey Pepperoni Pizza, Hamburger or Cheeseburger, Grilled Chicken Sandwich, Chicken Patty Sandwich, Hot & Spicy Chicken Sandwich; Peanut Butter & Jelly Sandwich and Made to Order Salads and Sandwiches from the Comet Fresh Express; **NEW** Hummus & Veggies Meal; **Available on Fridays:** Fish Sandwich \*Additional fruit and vegetable choices are available daily.

**MCS Office of Child Nutrition**

**336-6526**

**Located at Mason Central: 211 North East St. Mason, OH 45040**

"This institution is an equal opportunity provider."