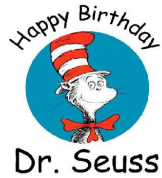


Dr. Seuss's Birthday March 2

Any student who makes a purchase on Friday, March 2, will have a chance to win a book!



Western Row Elementary Lunch Menu March 2018

Fuel Up with School Breakfast at WR!

K-2 Students Welcome
Served Daily: 8:55-9:15 AM
Breakfast Meal Price: \$1.70
See Menu On-Line



Monday

Tuesday

Wednesday

Thursday

Friday

<h2>National School Breakfast Week - March 5-9</h2> <p>Students eating breakfast on March 7 will receive an "I heart school breakfast" cup or bookmark!</p>		<p>1 French Toast Sticks w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Hash Brown Potato Triangles* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>2 Dr. Seuss's Birthday! Chance to win a book with any purchase today! Mini Turkey Corn Dogs OR Mini Fish Sticks Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</p>	
<p>5 Popcorn Chicken w/ Biscuit OR American Sub (Ham, Turkey & Cheese on Sub Bun) "Smiley Face" Potatoes* Crisp Romaine Salad* Applesauce Cup* Milk</p>	<p>6 Tony's Cheese Pizza OR Deli Turkey Sandwich Grape Tomatoes* Crunchy Cucumber Slices* Mixed Berries* Milk</p>	<p>7 Chicken Fingers w/ Biscuit OR Mexican Burrito (Beef & Bean) Choice of Salsa & Sour Cream Refried Beans* Celery Sticks* Red Grapes* Milk </p>	<p>8 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Tater Tots* Sweet & Juicy Red Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p>9 Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Fish Sandwich Steamed Broccoli Florets* Baby Carrots* Mandarin Oranges* Milk </p>
<p>12 Toasted Cheese Sandwich OR American Sub (Ham, Turkey & Cheese on Sub Bun) "Campbell's" Tomato Soup* Tossed Mix Salad* Apple Slices* Milk </p>	<p>13 Tony's Cheese Pizza OR Pork Pepperoni Pizza OR Turkey Hot Dog on Bun Grape Tomatoes* Green Pepper Strips* Diced Peaches* Milk </p>	<p>14 Soft Tacos w/ Beef & Cheese Choice of Sour Cream & Salsa OR Hamburger or Cheeseburger Black Beans* Shredded Lettuce Salad* Slushy Lemon Lime Juice Cup* Milk</p>	<p>15 French Toast Sticks w/ Turkey Sausage Links OR Mini Cinnis w/ Turkey Sausage Links Hash Brown Potato Triangles* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>16 NO SCHOOL Professional Work Day</p>
<p>19 Macaroni & Cheese w/ Dinner Roll OR Turkey Hot Dog on Bun Steamed Broccoli Florets* Crisp Romaine Salad* Pineapple Tidbits* Milk Happy Birthday Celebration! Mini Rice Krispie Treat w/ any Meal!</p>	<p>20 Tony's Cheese Pizza OR Deli Turkey & Cheese Sandwich Hearty Spinach Salad* Baby Carrots* Applesauce Cup* Milk</p>	<p>21 Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Hamburger or Cheeseburger "Bush's Best" Vegetarian Baked Beans* Celery Sticks* Chilled Strawberry Cup* Milk </p>	<p>22 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Tater Tots* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p>	<p>23 Chicken Fingers w/ Dinner Roll OR Fish Sandwich Oven Baked French Fries* Green Pepper Strips* Diced Pears* Milk</p>
<p> Enjoy Spring Break March 26-30</p>	<p>A complete lunch has 5 components: grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk. To make your lunch a meal, choose:</p> <ul style="list-style-type: none"> At least 1 fruit or vegetable and At least 2 additional food components 		<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com OR masonohioschools.com, click on 'Departments' then 'Child Nutrition.' The interactive menus are identified with the icon next to them.</p>	

Additional Entrées Served:

Daily: Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers, Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers; Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers;

*Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."