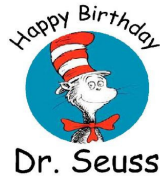


Dr. Seuss's Birthday March 2

Any student who makes a purchase on Friday, March 2, will have a chance to win a book!



Mason Early Childhood Center Lunch Menu March 2018

Fuel Up with School Breakfast at MECC!

K-2 Students Welcome
Served Daily: 9:00-9:20 AM
Breakfast Meal Price: \$1.70
See Menu On-Line















Monday

Tuesday

Wednesday

Thursday

Friday

<p>Lunch Price: \$2.60 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.55</p>	<p>National School Breakfast Week - March 5-9</p> <p>Students eating breakfast on March 7 will receive an "I heart school breakfast" cup or bookmark!</p> 			<p>1 French Toast Sticks w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Hash Brown Potato Triangles* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>2 Dr. Seuss's Birthday! Chance to win a book with any purchase today! Mini Turkey Corn Dogs Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</p> 
<p>5 Chicken Fingers w/ Dinner Roll "Smiley Face" Potatoes* Grape Tomatoes* Mandarin Oranges* Milk</p>	<p>6  Tony's Cheese Pizza Steamed Carrot Coins* Spring Mix Salad* Mixed Berries* Milk</p>	<p>7 Hamburger or Cheeseburger "Bush's Best" Vegetarian Baked Beans* Celery Sticks* Red Grapes* Milk </p>	<p>8 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Tater Tots* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>9 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tossed Mix Salad* Mixed Fruit* Milk </p>	
<p>12 Bosco Cheese Filled Breadsticks w/ Marinara Sauce "Bush's Best" Vegetarian Baked Beans* Hearty Spinach Salad* Chilled Strawberry Cup* Milk </p>	<p>13 Tony's Cheese OR Pork Pepperoni Pizza Sweet & Juicy Red Pepper Strips* Crunchy Cucumber Slices* Diced Peaches* Milk </p>	<p>14 Popcorn Chicken w/ Biscuit Savory Sweet Potato Fries* Tender Green Beans* Slushy Lemon Lime Swirl Juice Cup* Milk</p>	<p>15 French Toast Sticks w/ Turkey Sausage Links OR Mini Cinnis w/ Turkey Sausage Links Hash Brown Potato Triangles* Baby Carrots* 100% Apple, Orange or Grape Juice* Milk</p>	<p>16 NO SCHOOL Professional Work Day</p>	
<p>19 Macaroni & Cheese w/ Dinner Roll Steamed Broccoli Florets* Grape Tomatoes* Pineapple Tidbits* Milk   March Happy Birthday Celebration! Mini Rice Krispie Treat w/ any Meal!</p>	<p>20 Tony's Cheese Pizza Chipotle Black Beans* Green Pepper Strips* Applesauce Cup* Milk</p>	<p>21 Hamburger or Cheeseburger Oven Baked French Fries* Grape Tomatoes* Orange Slices* Milk</p>	<p>22 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Tater Tots* Baby Carrots* 100% Apple, Orange or Grape Juice* Milk</p>	<p>23 Chicken Nuggets w/ Dinner Roll Steamed Corn* Crisp Romaine Salad* Diced Pears* Milk</p>	
<p> Enjoy Spring Break March 26-30</p>	<p>A complete lunch has 5 components: grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk. To make your lunch a meal, choose:</p> <ul style="list-style-type: none"> • At least 1 fruit or vegetable and At least 2 additional food components 			<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com OR masonohioschools.com, click on 'Departments' then 'Child Nutrition.' The interactive menus are identified with the  icon next to them.</p>	

Additional Entrées Served:

Daily: Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers, Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers;
Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers;
Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers;

*Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."