














Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Western Row Elementary Lunch Menu February 2018

Fuel Up with School Breakfast at WR!
K-2 Students Welcome
Served Daily: 8:55-9:15 AM
Breakfast Meal Price: \$1.70
See Menu On-Line



Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>Lunch Price: \$2.60 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.55</p> </div>	<p>A complete lunch has 5 components: grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk. To make your lunch a meal, choose:</p> <ul style="list-style-type: none"> • At least 1 fruit or vegetable and At least 2 additional food components 	 <i>Visit ChooseMyPlate.gov to learn about the MyPlate and play fun games.</i>	<p>1 French Toast Sticks w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Hash Brown Potato Triangles* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>2 Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Fish Sandwich Steamed Broccoli Florets* Crisp Romaine Salad* Mandarin Oranges* Milk</p>
<p>5 Popcorn Chicken w/ Biscuit OR American Sub (Ham, Turkey & Cheese on Sub Bun) “Smiley Face” Potatoes* Baby Carrots* Applesauce Cup* Milk</p>	<p>6 Tony's Cheese Pizza OR Deli Turkey Sandwich Grape Tomatoes* Crunchy Cucumber Slices* Mixed Berries* Milk</p>	<p>7 Chicken Fingers w/ Biscuit OR Mexican Burrito (Beef & Bean) Choice of Salsa & Sour Cream Refried Beans* Celery Sticks* Red Grapes* Milk </p>	<p>8 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Tater Tots* Sweet & Juicy Red Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p>9 Mini Turkey Corn Dogs OR Mini Fish Sticks Mini “Night Vision” Carrots* Mini Tater Tots* Mini Diced Pears* Milk  Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</p>
<p>12 Toasted Cheese Sandwich OR American Sub (Ham, Turkey & Cheese on Sub Bun) “Campbell’s” Tomato Soup* Tossed Mix Salad* Apple Slices* Milk</p>	<p>13 Tony's Cheese Pizza OR Pork Pepperoni Pizza OR Turkey Hot Dog on Bun Grape Tomatoes* Green Pepper Strips* Pineapple Tidbits* Milk </p>	<p>14 Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Hamburger or Cheeseburger “Bush’s Best” Vegetarian Baked Beans* Shredded Lettuce Salad* Slushy Strawberry Mango Juice Cup* Milk </p>	<p>15 French Toast Sticks w/ Turkey Sausage Links OR Mini Cinnis w/ Turkey Sausage Links Hash Brown Potato Triangles* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>16 NO SCHOOL Personal Learning Day </p>
<p>19 NO SCHOOL President’s Day President Cookies will be offered w/ any Meal on February 20!</p> 	<p>20 Tony's Cheese Pizza OR Deli Turkey & Cheese Sandwich Hearty Spinach Salad* Baby Carrots* Applesauce Cup* Milk </p>	<p>21 Soft Tacos w/ Beef & Cheese Choice of Sour Cream & Salsa OR Hamburger or Cheeseburger Black Beans* Celery Sticks* Fresh Clementine* Milk </p>	<p>22 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Tater Tots* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p>	<p>23 Chicken Fingers w/ Dinner Roll OR Fish Sandwich Oven Baked French Fries* Green Pepper Strips* Diced Pears* Milk</p>
<p>26 Macaroni & Cheese w/ Dinner Roll OR Turkey Hot Dog on Bun Steamed Broccoli Florets* Crisp Romaine Salad* Mixed Fruit* Milk  February Happy Birthday Celebration! Mini Rice Krispie Treat w/ any Meal! </p>	<p>27 Tony's Cheese Pizza OR Pork Pepperoni Pizza OR Hot Ham & Cheese Sandwich Tossed Mix Salad* Sweet & Juicy Red Pepper Strips* Apple Slices* Milk</p>	<p>28 Chicken Nuggets w/ Biscuit OR Cheese Quesadilla w/ Choice of Sour Cream & Salsa Chipotle Black Beans* Grape Tomatoes* Chilled Peach Cup* Milk</p>	<p>Check out Child Nutrition’s Interactive Menus! Go to mcschildnutrition.com OR masonohioschools.com, click on ‘Departments’ then ‘Child Nutrition.’ The interactive menus are identified with the  icon next to them.</p>	

Additional Entrées Served:

Daily: Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers, Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers;
 Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers;

Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers;

*Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

“This institution is an equal opportunity provider.”