


Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Western Row Elementary Lunch Menu December 2017

Fuel Up with School Breakfast at WR!
K-2 Students Welcome
Served Daily: 8:55-9:15 AM
Breakfast Meal Price: \$1.70
See Menu On-Line




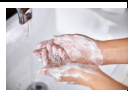






Monday

Tuesday

Wednesday

Thursday

Friday

<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com OR masonohioschools.com, click on 'Departments' then 'Child Nutrition.'</p> <p>The interactive menus are identified with the  icon next to them.</p>		<p>Lunch Price: \$2.60 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.55</p>	<p>National Handwashing Awareness Week December 4-10 Washing hands frequently is the single most effective way to prevent the spread of disease!</p> 		<p>1 Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Fish Sandwich Baby Carrots* Crisp Romaine Salad* Mandarin Oranges* Milk</p>
<p>4 Popcorn Chicken w/ Biscuit OR American Sub (Ham, Turkey & Cheese on Sub Bun) "Smiley Face" Potatoes* Crunchy Cucumber Slices* Apple Slices* Milk</p>	<p>5 Tony's Cheese Pizza OR Pork Pepperoni Pizza OR Turkey Hot Dog on Bun Grape Tomatoes* Green Pepper Strips* Pineapple Tidbits* Milk</p>	<p>6 Soft Tacos w/ Beef & Cheese Choice of Sour Cream & Salsa OR Hamburger or Cheeseburger Refried Beans* Shredded Lettuce Salad* Slushy Strawberry Kiwi Juice Cup* Milk</p>	<p>7 French Toast Sticks w/ Turkey Sausage Links OR Mini Cinnis w/ Turkey Sausage Links Hash Brown Potato Triangles* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>8 Tony's Personal Pan Cheese Pizza OR Turkey Corn Dog Steamed Peas* Sweet & Juicy Red Pepper Strips* Chilled Peach Cup* Milk</p> 	
<p>11 Toasted Cheese Sandwich OR American Sub (Ham, Turkey & Cheese on Sub Bun) "Campbell's" Tomato Soup* Tossed Mix Salad* Applesauce Cup* Milk</p>	<p>12 Tony's Cheese Pizza OR Deli Turkey & Cheese Sandwich Spinach Salad* Baby Carrots* Apple Slices* Milk</p> 	<p>13 Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Hamburger or Cheeseburger "Bush's Best" Vegetarian Baked Beans* Celery Sticks* Fresh Clementine* Milk</p> 	<p>14 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Tater Tots* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p> 	<p>15 Chicken Fingers w/ Dinner Roll OR Fish Sandwich Oven Baked French Fries* Green Pepper Strips* Diced Pears* Milk</p>	
<p>18 Macaroni & Cheese w/ Dinner Roll OR Turkey Hot Dog on Bun Steamed Broccoli Florets* Crisp Romaine Salad* Pineapple Tidbits* Milk</p> <p style="text-align: center;">December Happy Birthday Celebration! <i>Mini Rice Krispie Treat w/ any Meal!</i></p> 	<p>19 Tony's Cheese Pizza OR Pork Pepperoni Pizza OR Hot Ham & Cheese Sandwich Tossed Mix Salad* Sweet & Juicy Red Pepper Strips* Mandarin Oranges* Milk</p>	<p>20 Chicken Nuggets w/ Biscuit OR Cheese Quesadilla w/ Choice of Sour Cream & Salsa Chipotle Black Beans* Grape Tomatoes* Diced Peaches* Milk</p>	<p>21 French Toast Sticks w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Hash Brown Potato Triangles* Crunchy Cucumber Slices* 100% Apple, Orange or Grape Juice* Milk</p>	<p>22 Mini Turkey Corn Dogs OR Mini Fish Sticks Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk</p> <p style="text-align: center;">Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</p> 	



A complete lunch has 5 components: grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk.
To make your lunch a meal, choose:

- At least 1 fruit or vegetable and
- At least 2 additional food components

Enjoy Winter Break!
School resumes January 8, 2018



Additional Entrées Served:
Daily: Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers, Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers;
 Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers;
 Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers;
 *Additional fruit and vegetable choices are available daily.