


Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason High School Lunch Menu December 2017




Lunch Prices:
\$2.70, \$3.50 \$3.70 & \$4.50
2nd Entrée: \$2.10, \$2.75
2nd Slice Pizza: \$2.75
Ala Carte Milk: \$0.55
Ala Carte Bottled Water (8oz): \$0.55

Monday	Tuesday	Wednesday	Thursday	Friday
<p>A complete lunch consists of 5 food components: grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 2 fruits and/or 2 vegetables.</p>		<p>National Handwashing Awareness Week December 4-10</p> <p>Washing hands frequently is the single most effective way to prevent the spread of disease!</p> 		<p>1 Italian Pasta Bar w/ Garlic Breadstick (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Tossed Mix Salad* Red Pepper Strips* Choice of 2 Fruits* Milk</p>
<p>4 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Choice of 2 Fruits* Milk</p>	<p>5 Chicken Patty Sandwich Green Pepper Strips* Hearty Spinach Salad* Choice of 2 Fruits* Milk</p>	<p>6 Cincinnati Chili & Spaghetti Bar w/ Oyster Crackers Kidney Beans* Baby Carrots* Choice of 2 Fruits* Milk</p>	<p>7 <u>Brunch for Lunch</u> French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Triangles* Grape Tomatoes* Choice of 2 Fruits* Milk</p>	<p>8 Boneless Chicken Wings w/ Choice of Dipping Sauce & Harvest Cheddar Sun Chips Crisp Romaine Salad* Celery Sticks* Choice of 2 Fruits* Milk</p>
<p>11 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Cucumber Slices* Choice of 2 Fruits* Milk</p>	<p>12 Popcorn Chicken w/ Biscuit Steamed Corn* Baby Carrots* Choice of 2 Fruits* Milk</p>	<p>13 Cheese Coney Bar "Bush's Best" Vegetarian Baked Beans* Spring Mix Salad* Choice of 2 Fruits* Milk</p>	<p>14 Orange Chicken w/ Brown Rice & Dinner Roll Steamed Broccoli Florets* Red Pepper Strips* Choice of 2 Fruits* Milk</p>	<p>15 Pepperoni Calzone Tossed Mix Salad* Grape Tomatoes* Choice of 2 Fruits* Milk</p>
<p>18 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Choice of 2 Fruits* Milk</p>	<p>19 <u>HOLIDAY MEAL</u> Turkey w/ Biscuit Mashed Potatoes* w/ Gravy Tender Green Beans* Choice of 2 Fruits* Milk</p>	<p>20 Cincinnati Chili & Spaghetti Bar w/ Oyster Crackers Kidney Beans* Crisp Romaine Salad* Choice of 2 Fruits* Milk</p>	<p>21 <u>Snack Shop Service:</u> Full Service Breakfast Lunch Service 10:35 AM-11:35 AM No After School Service</p> <p>Final Exams Lunch Service Snack Shop Only</p>	<p>22 <u>Snack Shop Service:</u> Full Service Breakfast Lunch Service 10:35 AM-11:35 AM No After School Service</p> <p>Final Exams Lunch Service Snack Shop Only</p>

Check out Child Nutrition's Interactive Menus!

Go to mcschildnutrition.com OR masonohioschools.com, click on 'Departments' then 'Child Nutrition.'

The interactive menus are identified with the  icon next to them.

Enjoy Winter Break!
School resumes January 8, 2018



Additional Offerings Include: Offered Daily: Café Feature or South of the Border Tacos, Nachos w/ Cheese and/or Beef Taco Meat, Taco Salad, Hot Pretzel w/ Cheese, Cheese, Pork Pepperoni or Specialty Pizza, Hamburger or Cheeseburger, Grilled, Breaded or Hot & Spicy Chicken Sandwiches, Specialty Salads: Chef, Cobb, Greek Grilled Chicken Salad and **NEW** this year Grilled Chicken Caesar Salad, Deli Subs & Sandwiches, Hummus Meal, Mac & Cheese w/ Toppings, Peanut Butter & Jelly Sandwich, Yogurt Parfait w/ Granola, Deli Turkey & Cheese Wrap; **Available on Fridays:** Fish Sandwich

*Additional fruit and vegetable choices are available daily.